

Sequence: A B A B B A C

Refrain: A

Right foot rock steps, 1/2 turn left, together, clap

1,2 step forward right ft, weight back to left ft
3,4 step back right ft, weight back left ft
5-8 step forward right ft, 1/2 turn to the left, step right ft beside left ft, clap

Left foot rock steps, 1/2 turn right, together, clap

1,2 step forward left ft, weight back to right ft
3,4 step back left ft, weight back to right ft
5-8 step left ft forward, 1/2 turn to the right, step left ft beside right ft, clap

1/2 turn right with step slide step hold, 1/2 turn right step slide step hold

1-4 1/2 turn right with step slide step (r-l-r) hold
5-8 1/2 turn right with step slide step (l-r-l) hold

Step, slide, step, tip to the right side, step, tip to the left side

1,2 step right ft to the right, slide left beside right ft
3,4 step right ft to the right, tip left ft beside right ft
5,6 step left ft to the left, tip right ft beside left ft

Right ft step slide step forward, hold, jump forward to left ft, hook right, right ft step back, hold

1-4 step right ft forward, slide left ft beside right ft, step right ft forward, hold
5-8 jump forward on left ft, hook right ft behind left knee, right ft step back, hold

Slow coaster step, hold, 1/2 turn left with hold

1-4 step left ft back, step right ft beside left ft, step left ft forward, hold
5-8 step right ft forward, hold, 1/2 turn left on both ft, hold

Right ft cross rock, shuffle right, left ft cross rock, shuffle left

1,2 cross right ft in front of left ft, weight back to left ft
3&4 shuffle to the right (r-l-r-l)
5,6 cross left ft in front of right ft, weight back to the right ft
7&8 shuffle to the left (l-r-l)

Strophe: B

R Mambo forward, l mambo back, 1/4 turn left, coaster step

1&2 step forward right ft, weight back to left ft, step right ft beside left ft
3&4 step back left ft, weight back to right ft, step left ft beside right ft
5,6 step right ft forward, 1/4 turn to the left side
7&8 step right ft back, step left ft beside right ft, step right ft forward

Lock steps diagonal right & left, holds

1-4 step forward diagonal to the left with left ft, slide right ft crossing behind left ft, step forward diagonal to the left with left ft, hold
5-8 step forward diagonal to the right with right ft, slide left ft crossing behind right with left, step forward diagonal to the right with right ft, hold

Out out in in, heel, hitch, 1/4 turn left

1,2 step left ft to the left, step right ft to the right (keep body in the center)
3,4 step left ft back to center, tip right toe beside left ft
5,6 tip right heel in front, hitch right knee while 1/4 turn left on left ft
7,8 step right ft beside left ft, step left ft beside right ft

Kick ball steps diagonal, 1/2 jazzbox, shuffle to right side

1 & 2 kick right ft diagonal left forward, step right ft beside left ft, step left ft diagonal left forward
3 & 4 repeat 1&2
5,6 cross right ft in front of left ft, step left ft behind right ft
7 & 8 step right ft to the right, slide left ft beside right ft, step right ft to the right

Kick ball steps diagonal, 1/2 jazzbox, shuffle to left side
1 & 2 kick left ft diagonal right forward, step left ft beside right ft, step right ft diagonal right forward
3 & 4 repeat 1 & 2
5,6 cross left ft in front of right ft, step right ft behind left ft
7 & 8 step left ft to the left, slide right ft beside left ft, step left ft to the left

Right swivels
1-2 turn both heels to the right, back to the middle
3-4 turn both heels to the right, back to the middle

Finale: C

scissor steps right, left
1-4 step right ft to the right, slide left ft beside right ft, cross right ft in front of left ft, hold
5-7 step left ft to the left, slide right ft beside left ft, cross left ft in front of right ft,

Tip left toe back diagonal, toe-tips right & left, stomp, clap
& 1 step right ft to middle, tip right toe back diagonal left
& 2 step left ft to middle, tip right toe to the right side
& 3 step right ft back to the middle, tip left toe to left side
& 4 step left ft beside right ft, stomp right ft and clap

Hands diagonal in front, cross both hands over the heart, "giving hands" (palms upwards)
5,6 extend right then left arm & hands diagonal forward and lightly upwards
7 cross both hand over the heart
8 extend again both arms and hands with palms upwards and feel:
"from our heart we give this dance to you!" and say: A L O H A

Thanks for all and happy birthday!!!
HEIDI