

-
- 1 & Kick right foot forward, small step to the right side & slightly backward on ball of right foot
2 Step left foot to the left side
3 - 4 Step right foot across in front of left, step left to left side
5 Rock/replace weight onto right foot
6 Step left foot across in front of right making 1/4 turn left
& 7 & 8 Using right foot to push make 1/2 paddle turn left keeping weight on left foot (legs are crossed from knees down during this move, feet close together)
- 1 - 2 Step backwards right-left
3 - 4 Step backwards on right foot and make 1/4 turn right, touch left toe beside right
5 - 8 Rolling turn left (left-right-left) making a full turn, touch right foot beside left
1 & 2 Kick right foot forward, step slightly backwards on ball of right foot, step forward on left foot
3 - 4 Long step forward on right foot, drag left foot to touch beside right
& 5 Step left foot to the side and slightly forward, step right foot slightly forward and approximately shoulder width apart from left
& 6 Step left foot to center, step right foot beside left
& 7 Repeat previous counts & 5
& 8 Step left foot to center, touch right foot beside left

/Counts 1 & 3 are probably best described as 'pushes' as the weight stays basically over the opposite foot.

- 1 - 2 Rock step on ball of right foot to the right side, step right across in front of left
3 - 4 Rock step on ball of left foot to the left side, step left foot across in front of right
5 Keeping weight on left foot unwind making 3/4 turn right
6 & 7 Shuffle forward right-left-right
8 Step forward on left foot

REPEAT