

A Woman's Needs

48 Count, 2 Wall, Intermediate

Choreographer: Tish Cairns (Scotland) April 2011

Choreographed to: A Woman's Needs by Tammy

Wynette and Elton John, CD: Without Walls

(129 bpm); Skye Boat Song by Terry Scott,

CD: Switched On Scotland and Ireland – 40 Non-stop

Favourites

Intro: 24 counts

1 CROSS R BEHIND L, STEP TO SIDE, DRAW, ¼ TURN RIGHT, 2 STEP FULL TURN RIGHT

1-3 Cross R behind L, Step L to side, Draw R to touch beside L (12)

4-6 Step ¼ turn right, ½ turn right stepping back on L, ½ turn right stepping forward on R (3)

2 PRESS, ½ TURN LEFT, ¼ TURN LEFT, SIDE, BACK ROCK

1-3 Press forward on L, Recover on R, ½ turn left stepping forward on L (9)

4-6 Turn ¼ left stepping R to side, Rock L behind R, Recover on R (6)

3 STEP DIAG. LEFT, RIGHT LOCK STEP, ROCK LEFT, CROSS L BEHIND R

1,2&3 Step L to left diagonal, Step forward R, (&) Lock L behind R,

Step forward on R straightening up to wall (6)

4-6 Rock to left, Recover on R, Cross L behind R (6)

4 TURN ¼ RIGHT, PIVOT ½ TURN RIGHT, TRIPLE FULL TURN LEFT, TOUCH R BESIDE L

1-3 Turn ¼ right and step forward on R, Step forward on L, Pivot ½ turn right (weight on R foot) (3)

Tag & Restart here on wall 7

4-6& Triple full turn left stepping L,R,L, (&) Touch R beside L (3)

5 MODIFIED RHUMBA BOX

1-3 Step R to side, Step forward on L, Step R beside L (3)

4-6 Step L to left, Step back on R, Step L beside R (3)

6 ¼ TURN RIGHT, SIDE, FORWARD, TOGETHER, SIDE ROCK, CROSS L BEHIND R

1-3 Turn ¼ right stepping R to side, Step forward on L, Step R beside L (6)

4-6 Rock to left, Recover, Cross L behind R (6)

7 WEAVE TO RIGHT, SWEEP R FROM FRONT (2 BEATS)

1-3 Weave to right stepping side, in front, side (6)

4-6 Cross L behind R, Sweep R from front to back in 2 beats (6)

8 (BEHIND, SIDE ROCK, RECOVER) x2

1-3 Cross R behind L, Rock to left, Recover (6)

4-6 Cross L behind R, Rock to R, Recover on L (6)

Tag on wall 7:

¼ TURN RIGHT, STEP LEFT, DRAG

1-3 ¼ turn right stepping to side on L, Drag R to touch beside L (2 counts) (6)

Note: No tag or restart required with alternative music

Music download available from Amazon
