

A Woman's Heart

64 Count, 4 wall, Intermediate level
Choreographer: Ronnie James (UK) March 06
Choreographed to: Woman's Heart by Chris De
Burgh, Ultimate Collection

Intro: Immediate Start - Begin on the word " Heart "

Section 1 Cross Rock, Chasse R, Cross Rock, Chasse L.

- 1 – 2 Cross Rock Right over Left, Recover on Left.
- 3 & 4 Chasse Right on R, L, R.
- 5 – 6 Cross Rock Left over Right, Recover on Right.
- 7 & 8 Chasse Left on L, R, L.

Section 2 Rock Back, Shuffle Forward, Rock Forward, Shuffle & Turn 1/2 Left.

- 9 – 10 Rock Back on Right, Recover on Left.
- 11 & 12 Shuffle Forward on R, L, R.
- 13 – 14 Rock Forward on Left, Recover on Right.
- 15 & 16 Shuffle & Turn 1/2 Left on L, R, L.

Section 3 Cross, Side, Cross Shuffle, 1/4 Turn, Hold, Rock Back.

- 17 – 18 Cross Right over Left, Step Left to Side.
- 19 & 20 Cross Shuffle Right over Left on R, L, R.
- 21 – 22 Step Left to Side turning 1/4 Right, Hold.
- 23 – 24 Rock Back on Right, Recover on Left.

Section 4 Rock Forward, Hold, Coaster Step, Shuffle Forward, Turn 3/4 Right.

- 25 – 26 Rock Forward on Right, Hold.
- 27 & 28 Step Back on Left, Step Right next to Left, Step Forward on Left.
- 29 & 30 Shuffle Forward on R, L, R
- 31 – 32 Step Forward on Left turning 1/4 Right, Step Right to Side turning 1/2 Right.

Section 5 Side, Behind & Cross, Side, Rock Back, Shuffle Forward.

- 33 Step Left to Side
- 34 & 35 Step Right behind Left, Step Left to Side, Cross Right over Left.
- 36 Step Left to Side.
- 37 – 38 Rock Back on Right, Recover on Left.
- 39 & 40 Shuffle Forward on R, L, R.

Section 6 Rock Forward, Sailor 1/4 Turn, Shuffle Forward x 2

- 41 – 42 Rock Forward on Left, Recover on Right.
- 43 & 44 Swing Left behind Right turning 1/4 Left, Step Right in place, Step Left next to Right.

Tag / Restart : On 4th Wall, after count 44, Stomp Right next to Left & Hold for 3 Counts.

Then Restart the Dance from the beginning

- 45 & 46 Shuffle Forward on R, L, R.
- 47 & 48 Shuffle Forward on L, R, L.

Section 7 Rock Forward, Coaster Step, Rock Forward, Shuffle & Turn 1/2 Left.

- 49 – 50 Rock Forward on Right, Recover on Left.
- 51 & 52 Step Back on Right, Step Left next to Right, Step Forward on Left.
- 53 – 54 Rock Forward on Left, Recover on Right.
- 55 & 56 Shuffle & Turn 1/2 Left on L,R, L.

Section 8 Skate Forward x 2, Kick Ball Change, Step Forward, Drag & Stomp.

- 57 – 58 Skate Forward on Right, Skate Forward on Left.
 - 59 & 60 Kick Right foot Forward, Step ball of Right foot next to Left, Step Left in place
 - 61 – 63 Make Long Step Forward on Right, Drag Left next to Right over 2 Counts
 - 64 Stomp Left next to Right.
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