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Diet Mountain Dew

32 Count, 4 Wall, Improver

Choreographer: Irene Tang (USA) June 2012

Choreographed to: Diet Mountain Dew by Lena Del Rey

Intro: 16

FORWARD ROCK, RECOVER, OUT OUT IN IN, TOUCH SWIVEL HITCH, RIGHT COASTER

- 1-2 Rock right forward, recover to left
- 3&4& Step right side, step left side, step right home, step left together
- 5&6& Touch right forward, swivel heels out, swivel heels in, hitch right knee
- 7&8 Right coaster step

SIDE MAMBO TWICE, OUT OUT, SWIVEL

- 1&2 Rock left side, recover to right, step left together
- 3&4 Rock right side, recover to left, step right together
- 5-6 Step left diagonally forward, step right side
- 7&8 Swivel heels in, swivel toes in, swivel heels in (weight to left)

FORWARD ROCK, RECOVER, ¼ SAILOR, FORWARD ROCK, RECOVER, ½ SHUFFLE

- 1-2 Rock right forward, recover to left
- 3&4 Turn ¼ right and right sailor step (3:00)
- 5-6 Rock left forward, recover to right
- 7&8 Turn ½ left and locking chassé forward left-right-left (9:00)

TOE SWITCHES, KICK BALL POINT ½, STEP, STEP LOCK, FORWARD SHUFFLE

- 1&2& Touch right side, step right together, touch left side, step left together
- 3&4& Kick right forward, step right together, touch left back, turn ½ left (weight to right) (3:00)
- 5-6 Step left forward, lock right behind left
- 7&8 Locking chassé forward left-right-left

TAG: After wall 6 (back wall)

- 1-4 Rock right forward, recover to left, rock right back, recover to left

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