

BALANCES

- 1 Stride forward on left foot
2 - 3 Hold on these two counts
4 Stride forward on right foot
5 - 6 Hold on these two counts

BASIC FORWARD

- 7 Stride forward on left foot
8 Step right foot next to left
9 Step left foot next to right
10 Stride forward on right foot
11 Step left foot next to right
12 Step right foot next to left

CROSS ROCKS, TURN

- 13 Cross left foot over right and step
14 Rock back onto right foot
15 Step left foot next to right
16 Cross right foot over left and step
17 Rock back onto left foot
18 Step to the right on right foot making 1/4 turn to the right with the step

/Partners now face OLOD in the Indian position**CROSS ROCKS**

- 19 Cross left foot over right and step
20 Rock back onto right foot
21 Step left foot next to right
22 Cross right foot over left and step
23 Rock back onto left foot
24 Step right foot next to left

SIDE ROCKS

- 25 Cross left foot in front of right and step
26 Step to the right on right foot
27 Turn body diagonally to the left and rock to the left on to left foot
28 Cross right foot in front of left and step
29 Step to the left on left foot
30 Turn body diagonally to the right and rock to the right onto right foot

SIDE ROCK STEPS, PIVOTS, STEP FORWARD

- 31 MAN: Cross left foot in front on right and step

LADY: Same as man

- 32 MAN: Step to the right on right foot

LADY: Same as man

- 33 MAN: Step to the left on left making a 1/4 turn to the left with the step

LADY: Same as man

- 34 MAN: Step forward on right foot

LADY: Same as man

- 35 MAN: Hold

LADY: Raise left knee

- 36 MAN: Hold

LADY: Extend left leg forward

REPEAT

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