

16 count intro from main beat, (Starts on vocals.)
Loves Standing - Starts on vocals. No restart on this track.

Side rock, cross shuffle, step ¼ R, L shuffle

- 1 – 2 Rock R to R side and recover onto L
- 3 & 4 Cross R over L, step L to L side, cross R over L
- 5 – 6 Step L to L side, ¼ turn R stepping forward on R
- 7 & 8 Step forward on L, step R beside L, step forward on L
(Option for count 7 & 8, triple turn R. L, R, L)

Cross ¼ R, chasse R, point forward, point side, L sailor step

- 1 – 2 Cross R over L, ¼ turn R stepping back on L
- 3 & 4 Step R to R side, step L next to R, step R to R side
- 5 – 6 Point L foot forward, point L out to L side
- 7 & 8 Step L behind R, step R to R side, step L to L side

Sailor ½ R, Left shuffle, hitch, step back sweep X 2, step hook

- 1 & 2 Cross R behind L making ½ turn R, step L to L side, step R to R side
- 3 & 4 & Step L forward, step L next to R, step forward on L, hitch R
- 5 & 6 & Step back on R, sweep L back, step back on L, sweep R back
- 7 – 8 Step back on R, hook L across R

Step pivot ½ R, L shuffle forward, side mambos R and L

- 1 – 2 Step forward on L, pivot ½ turn R, (weight goes onto R)
- 3 & 4 L shuffle forward
(option 3 & 4 Full turn R, L R L)
- 5 & 6 Rock sideways onto R, recover onto L, step R next to L
- 7 & 8 Rock sideways onto L, recover onto R, step L next to R

Walk, walk, step ¼ L and cross, side behind and cross step side

- 1 – 2 Walk R, walk L
- 3 & 4 Step forward on R, ¼ turn L, cross R over L
- 5 - 6 Step L to L side, step R behind L
- & 7 - 8 Step L next to R, cross R over L, step L to L side

Restart during wall 6.

Dance the first 8 counts on wall 6, then start from beginning of dance.

Music download available from itunes
