

Demolition Man

64 Count, 4 Wall, Improver

Choreographer: Louise Elfvengren (SE) Feb 2009

Choreographed to: Demolition Man by

Manfred Manns Earth Band

Start at vocals

1. TOESTRUT FORWARD, ROCKING CHAIR AND HOLD

1-4 Right foot forward toe-heel, left foot forward toe-heel

5-8 Step right foot forward, step down on left foot, step right foot backward, hold.

2. SIDE TOGETHER SIDE KICK, SIDE TOGETHER SIDE TOUCH

1-4 Step left to left side, step right beside left, step left to left and kick right foot diagonally

5-8 Step right to right, step left beside right, step right to right and touch left next to right.

3. TOESTRUT BACKWARD, ROCKING CHAIR AND HOLD

1-4 Left foot backward toe-heel, right foot backward toe-heel

5-8 Step left foot backward step down on right foot, step left foot forward, hold.

4. SIDE TOGETHER SIDE KICK, SIDE TOGETHER SIDE TOUCH

1-4 Step right to right, step left beside right, step right to right and kick left foot diagonally

5-8 Step left to left side, step right beside left, step left to left and touch right next to left.

5. SHUFFLE FORWARD AND HOLD, STEP TURN STEP AND HOLD

1-4 Step right forward, step left next to right, step right forward, hold

5-8 Step left forward, turn $\frac{1}{2}$ right, step left forward, hold.

6. $\frac{3}{4}$ TURN AND HOLD, SHUFFLE FORWARD AND HOLD

1-4 Turn $\frac{1}{4}$ right stepping forward on right, hold, turn $\frac{1}{2}$ right stepping back on left foot, hold

5-8 Step right forward, step left next to right, step right forward, hold.

Restart comes here

7. WEAVE WITH TOUCH, WEAVE WITH $\frac{1}{4}$ TURN AND TOUCH

1-4 Step left to left, right behind left, left to left, touch right next to left

5-8 Step right to right, left behind right, turn $\frac{1}{4}$ right and touch left beside right.

8. $\frac{3}{4}$ TURN AND HOLD, SHUFFLE FORWARD AND HOLD

1-4 Turn $\frac{1}{4}$ left stepping forward on the left, hold, turn $\frac{1}{2}$ left stepping back on right foot, hold

5-8 Step left forward, step right next to left, step left forward, hold.

Restart: Wall 2 after 6th section, start again from SECTION 3
