

1: Side rock, touch, kick ball step, touch out in out

- 1-2-3 Rock right to right side, replace weight on left, touch right next to left
4&5 Kick right forward, step on right, step on left
6-7-8 Touch right to right side, touch right next to left, touch right to right side

2: Sailor right, sailor left, pivot ¼ pivot ¼

- 1&2 Step right behind left, step left in place, step right in place
3&4 Step left behind right, step right in place, step left in place
5-6 Step right forward, pivot ¼ turn left
7-8 Step right forward, pivot ¼ turn left

3: Side rock, touch, kick ball step, side touches right left right

- 1-2-3 Rock right to right side, replace weight on left, touch right next to left
4&5 Kick right forward, step on right, step on left
6&7 Point right to right side, step right next to left, point left to left side
&8 Step left next to right, point right to right side

4: Sailor step, sailor step, full turn, step ½ turn

- 1&2 Step right behind left, step left in place, step right in place
3&4 Step left behind right, step right in place, step left in place
5-6 Step back on right turning ½, step forward on left turning ½ turn
7-8 Step forward on right, pivot ½ turn

5: Dig heel hold, and dig heel hold, & heel &heel &step ¼ turn

- 1-2& Dig right heel forward, hold, step right beside left
3-4& Dig left heel forward, hold, step left beside right
5&6& Dig right heel forward, step left beside right, dig left heel forward, step left beside right
7-8 Step forward on right, pivot ¼ turn left

6: Cross ¼ ¼ turn step cross shuffle, side rock behind ¼ turn

- 1-2-3 Cross right over left, step left back turning ¼, step right to right side turning ¼,
4&5 Cross left over right, step right to right side, cross left over right
6-7 Rock right to right side, replace weight on left
8& Step right behind left, step left to side turning ¼ left

7: Step, step, shuffle half, back rock, kick ball step

- 1-2 Walk forward right, left
3&4 Triple ½ turn stepping right, left, right
5-6 Rock back on left, replace weight on right
7&8 Kick left, step left beside right, step right forward

8: Toe strut Toe strut, kick out out and prissy walks

- 1-2-3-4 Toe strut left, right
5&6 Kick left, step back on left, step back on right
7&8 Step forward left, prissy walks forward right, left