

## Delilah

48 Count, 4 Wall, Beginner/Improver

Choreographer: Alison Johnstone (Aus) August 09

Choreographed to: Delilah by Ton Jones; Morning

Has Broken by Cat Stevens

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Start On the lyrics

**SWAY, SWAY, FWD BASIC, BACK BASIC (12.00)**

- 1-2-3 Step Left to side sway hips Left (weight Left)  
3-4-6 Step Right to side sway hips Right (weight Right)  
7-8-9 Step fwd onto Left, Step Right into Left, Step Left in place  
10-11-12 Step back onto Right, Step Left into Right, Step Right in place

**1/4 TURN RIGHT SWAY, SWAY, STEP HITCH HOLD, BACK DRAG (3.00)**

- 1-2-3 ¼ turn Right Stepping Left to side sway hips Left (weight Left)  
3-4-6 Step Right to side sway hips Right (weight Right)  
7-8-9 Step fwd onto Left, Hitch Right, Hold  
10-11-12 Step back onto Right, Drag left towards Right over 2 counts

**STEP RONDE, LUNGE, RECOVER, 1/2 TURN OVER LEFT BASIC (9.00)**

- 1-2-3 Step fwd Left and sweep Right from Back to Front over 2 counts (do not step on Right)  
4-5-6 Step fwd Right lunging fwd over 3 counts  
*Finish: Dance finishes after lunge so simply recover on Left to front and stomp Right into Left*  
7-8-9 Recover back on Left for 3 counts (nice smooth movement back from lunge)  
10-11-12 Step back onto Right, ½ turn over Left stepping fwd Left, Step fwd Right

**STEP RONDE, LUNGE, RECOVER, STOMP CLAP CLAP (9.00)**

- 1-2-3 Step fwd Left and sweep Right from Back to Front over 2 counts (do not step on Right)  
4-5-6 Step fwd Right lunging fwd over 3 counts  
7-8-9 Recover back on Left for 3 counts (nice smooth movement back from lunge)  
10-11-12 Stomp Right slightly to side, Clap, Clap (weight Right)

**Finish:** Dance finishes after lunge so simply recover on Left to front and stomp Right into Left

*Choreographer note: As the dance is Viennese Waltz beat you will note that this is choreographed with a normal size step but then the wording "towards" on the drags and not "into". Take nice small steps on the basics.*

*As the main track is fast I have given a slower option for practice)*

*It will fit with lots of other waltz tracks as it is a standard 48 count dance.*

*Dedicated to: Juliet Lam (USA)*