

## Deep Inside

40 Count, 4 Wall, Beginner/Intermediate

Choreographer: Angela Rushing (USA) December 09

Choreographed to: I Gotta Feeling by

Black Eyed Peas

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Dance starts: 82 count intro ("I gotta feeling") Be in the beat of the music

### SWAY, SHUFFLE BACK

- 1-2 Sway right to side, sway left to side
- 3-4 Repeat 1&2
- 5-6 Shuffle back right foot – right, left, right
- 7-8 Shuffle back left foot – left, right, left

### STEP SIDE, SIDE ROCK, RECOVER, VINE, TOUCH

- 1-2 Step right to side, step left foot next to right
- 3-4 Rock right foot to side, recover onto left
- 5-8 Vine right: step right to right side, cross left behind right, step right to side, touch left together

### SLIDE, KICK, SHUFFLE FWD, MAKING ¼ TURN, CROSS, POINT

- 1-&-2 Slide left foot to side & kick right foot forward
- 3-4 Shuffle right foot forward – right, left, right
- 5-6 Step left foot forward, making ¼ turn (3:00)
- 7-8 Cross left foot over right, point right to side

### ROCK, RECOVER, SHUFFLE FORWARD, BACKWARD JUMP, SHAKE

- 1-2 Rock back right foot, recover onto left
- 3-4 Shuffle right foot forward – right, left, right
- 5-6 Shuffle left foot forward – left, right, left
- 7-& Jump back both feet & shake body
- 8-& Jump back both feet & shake body

### HEEL, SHUFFLE, STEP SIDE, TOGETHER, STEP FWD, TOUCH

- 1-2 Point heel forward twice
- 3-4 Shuffle right in place – right, left, right
- 5-6 Step left foot to side, step right foot together next to left
- 7-8 Step left foot forward, touch right foot next to left