

32 count intro (16 sec)

Step, Touch, Kick ball cross, Step, Touch, Kick ball step

- 1-2 Step right diagonally forward, touch left next to right
3&4 Kick left forward, step left next to right, cross right over left
5-6 Step left diagonally forward, touch right next to left
7&8 Kick right forward, step right next to left, step left forward

Rock, Shuffle 1/2 Right, Point, Cross, Point, Cross

- 1-2 Rock right forward, recover weight to left
3&4 Shuffle 1/2 right on right, left, right
5-6 Point left to side, cross left over right
7-8 Point right to side, cross right over left

Point, Cross, Turn 1/2 Right, Hold, Monterey turn 1/2 right, Point, Touch

- 1-2 Point left to left, touch left toe across right
3-4 Turn 1/2 right (weight on left), hold
5-6 Point right to side, turn 1/2 right and step right next to left
7-8 Point left to side, touch left beside right

Long Step Left, Hip bumps, Hitch-ball-Cross, Hitch-ball-Cross

- 1-2 Take a long step to left, drag right into a touch next to left
3&4 Bump hips to right, back to centre, and right
5&6 Hitch right knee, step right slightly back, cross left over right
7&8 Hitch right knee, step right slightly back, cross left over right

Rock, Sailor 1/4 Right, Step, turn 1/2 Right, Shuffle 1/2 Right

- 1-2 Rock right to right, recover weight to left
3&4 Step right behind left, turn 1/4 right and step left next to right, step right forward
5-6 Step left forward, pivot 1/2 right (weight on right)
7&8 Shuffle 1/2 right on left, right, left

Rock, Kick ball step, Kick ball step, Kick ball touch

- 1-2 Rock right back, recover weight to left
3&4 Kick right forward, step right next to left, step left forward
5&6 Kick right forward, step right next to left, step left forward
7&8 Kick right forward, step right next to left, touch left next to right

Step, Turn 1/2 right, "Heel drops with body turns"

- 1-2 Step left forward, pivot 1/2 right (weight on right)
3-4 Turn 1/4 right on ball of right and point left to left,
turn 1/4 left on ball of right (toe still on same place) and drop heel (weight on left)
5-6 Turn 1/4 left on ball of left and point right to right,
turn 1/4 right on ball of left (toe still on same place) and drop heel (weight on right)
7-8 Turn 1/4 right on ball of right and point left to left, turn 1/4 left on
ball of right (toe still on same place) and drop heel (weight on left)

Rock, Long step, Rock, Cross, Touch

- 1-2 Rock right forward, recover weight to left
3-4 Long step back on right, drag left next to right (touch)
5-6 Rock left to left, recover weight to right
7-8 Cross left over right, touch right beside left

Tag: On 2nd wall at the end of the dance there have to be a tag. An easy one....

Rock, Cross shuffle, Turn 1/2 right, Cross shuffle

- 1-2 Rock right to right, recover weight to left
3&4 Cross right over left, step left next to right, cross right over left
5-6 Turn 1/4 right and step left back, turn 1/4 right and step right to side
7&8 Cross left over right, step right next to left, cross left over right

Repeat this twice! (16 counts)

Tag: At the end of the 5th wall there is another tag (that is easier than the first one)

Step, Turn 1/2 left, Step, Turn 1/2 left

- 1-2 Step right forward, pivot 1/2 left (weight on left)
3-4 Step right forward, pivot 1/2 left (weight on left)