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Day After Day

Phrased, Improver Choreographer: Annette Hagberg (Sweden) July 2013

Choreographed to: En Dag I Sänder by BAO (112 bpm)

Phrased: A 32 counts, B 32 counts, C 24 counts, Tag 4 counts, 4 wall,

Start on lyrics (after 16 counts)

Sequence: AAA, B, AAA, C, A, Tag (4 counts) AAAA.

Part A

1 Kick ball step. Step Right forward. Pivot 1/4 L Pivot 1/4 R. Kick forward. Coaster step

- 1 & 2 3 Kick Right forward. Step ball of right beside left. Step forward on Left. Step forward Right
- 4 5- 6 Pivot 1/4 turn Left, keeping feet in place. Pivot 1/4 turn Right (weight on right). Kick Left forward
- 7 & 8 Step back on Left. Step Right next to Left. Step forward on Left.

2 1/2 Unwind, Forward Shuffle, Jazz Box

- 1 2 Touch Right toe behind Left foot. Unwind 1/2 turn Right (6:00 weight on right)
- 3 & 4 Step Left foot forward. Close Right beside left. Step Right foot forward.
- 5 8 Cross Right over Left, step back on Left, step Right to Right side, step forward on Left.

3 Side Rock, Cross Shuffle

- 1 2 Rock Right to Right side. Recover onto Left
- 3 & 4 Cross Right over Left. Step Left to Left side. Cross Right over Left.
- 5 6 Rock Left to Left side. Recover onto Right.
- 7 & 8 Cross Left over Right. Step Right to Right side. Cross Left over Right.

4 Figure Vine Right

- 1-2 Step Right to Right side. Cross Left behind Right
- 3 4 Step Right 1/4 turn Right. Step forward Left.
- 5 6 Pivot 1/2 turn Right (shifting weight to right) On ball of Right make 1/4 turn Right stepping Left to Left side
- 7 8 Cross Right Behind Left. Step Left 1/4 turn Left (3:00 weight on left)
- Tag: 1 4 Sway right, Left, Right, Left. (9:00)

Part B

1 Rumba Box Forward. Walk Back. Coaster step (9:00)

- 1 & 2 Step Right to Right side. Step Left to Right. Step Right forward.
- 3 & 4 Step Left to Left side. Step Right to Left. Step Left back.
- 5 6 Step Right back. Step Left back.
- 7 & 8 Step back on Right. Step Left next to Right. Step forward on Right.

2 Rumba Box Forward. Walk Back. Coaster step

- 1 & 2 Step Left to Left side. Step Right to Left. Step Left forward.
- 3 & 4 Step Right to Right side. Step Left to Right. Step Right back.
- 5 6 Step Left back. Step Right back.
- 7 & 8 Step back on Left. Step Right next to Left. Step forward on Left.

3 Repeat section 1 Part B

4 Repeat section 2 Part B

Part C

1 Rumba Box Forward. Walk Back. Coaster step (6:00)

- 1 & 2 Step Right to Right side. Step Left to Right. Step Right forward.
- 3 & 4 Step Left to Left side. Step Right to Left. Step Left back.
- 5 6 Step Right back, Step Left back,
- 7 & 8 Step back on Right. Step Left next to Right. Step forward on Right.

2 Rumba Box Forward. Walk Back. Coaster step

- 1 & 2 Step Left to Left side. Step Right to Left. Step Left forward.
- 3 & 4 Step Right to Right side. Step Left to Right. Step Right back.
- 5 6 Step Left back. Step Right back.
- 7 & 8 Step back on Left. Step Right next to Left. Step forward on Left.

3 Rumba Box Forward. Walk Back. Back Rock

- 1 & 2 Step Right to Right side. Step Left to Right. Step Right forward.
- 3 & 4 Step Left to Left side. Step Right to Left. Step Left back.
- 5 6 Step Right back. Step Left back.
- 7 8 Rock back on Right. Recover on Left.

Tag 4 counts, only once after wall 9 after 32 count in part A facing 9:00

1 - 4 Sway right, Left, Right, Left.

Then restart dance from beginning, part A.

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