

Day & Night

32 Count, 4 Wall, Beginner

Choreographer: Ria Vos (NL) April 2010

Choreographed to: Everyday by Kendra Lou &
The Miracles

Intro: 32 counts

Walk, Walk, Shuffle Fwd, Rock Fwd, Recover, Shuffle ½ Turn L

- 1-2 Walk Fwd R, Walk Fwd L
- 3&4 Shuffle Fwd Stepping R,L,R
- 5-6 Rock L Fwd, Recover on R
- 5&6 Shuffle ½ Turn Left Stepping L,R,L (6:00)

Walk, Walk, Shuffle Fwd, Rock Fwd, Recover, ¼ Turn L Chasse

- 1-2 Walk Fwd R, Walk Fwd L
- 3&4 Shuffle Fwd Stepping R,L,R
- 5-6 Rock L Fwd, Recover on R
- 7&8 ¼ Turn Left Step L to Left Side, Step R Next to L, Step L to Left Side (3:00)

Cross, Point, Kick & Point, Jazz Box Cross ¼ Turn R

- 1-2 Cross R Over L, Point L to Left Side
- 3&4 Kick L Fwd, Step L next to R, Point R to Right Side
- 5-6 Cross R Over L, ¼ Turn R Step Back on L (6:00)
- 7-8 Step R to Right Side, Cross L Over R

Chasse R, Rock Back, Recover, ¼ Turn R Chasse L, Rock Back, Recover

- 1&2 Step R to Right Side, Step L Next to R, Step R to Right Side
- 3-4 Rock back on L, Recover on R
- 5&6 ¼ Turn R Step L to Left Side, Step R Next to L, Step L to Left Side (9:00)
- 7-8 Rock Back on R, Recover on L

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