

MAN'S STEPS

SHUFFLE AND ROCK STEPS

- 1 & 2 Shuffle forward right, left, right
3 - 4 Rock forward on left foot, step back on right foot
5 & 6 Shuffle backwards left, right, left
7 - 8 Rock back on right foot, step forward on left foot
9 - 16 Repeat counts 1-8

SIDE SHUFFLES & ROCK STEPS

- 17 & 18 Shuffle to right side (right, left, right) while turning 1/4 to right
19 - 20 Rock forward on left foot, right foot step back
21 & 22 Shuffle to left side (left, right, left) while turning 1/2 to left
23 - 24 Rock forward on right foot, left foot step back
25 & 26 Shuffle to right side (right, left, right) while turning 1/2 to right
27 - 28 Rock forward on left foot, right foot step back
29 & 30 Shuffle to left side (left, right, left) while turning 1/2 to left
31 - 32 Step forward on right foot, turn 3/4 to left

/Partners are facing each other with left hands joined over right hands

SHUFFLE TO OPEN (SWEETHEART) POSITION & SIDE SWITCHES

- 33 & 34 Shuffle forward right, left, right
35 - 36 Rock forward on left foot, right foot step back
37 & 38 Shuffle in place left, right, left

/With left hand, man turns lady 1/2 left into sweetheart position

- 39 - 40 Rock back on right foot, left foot step forward
41 & 42 Shuffle to right (right, left, right) crossing behind lady
43 - 44 Rock back on left foot, right foot step forward
45 & 46 Shuffle to left side (left, right, left) crossing behind lady
47 - 48 Rock back on right foot, left foot step forward

SHUFFLE TURNING LADY 1/2 RIGHT TO FACE PARTNER

- 49 & 50 Shuffle forward right, left, right

/With left hand, man turns lady 1/2 right to end facing partner

- 51 - 52 Rock forward on left foot, right foot step back
53 & 54 Shuffle back (left, right, left)
55 - 56 Step in place on right, left

/Bring joined hands over lady's head, release lady's hands. Man continues to slide his hands to lady's waist while lady slides her hands over her hair to her neck. She then places her hands on his shoulders.

BOTH CIRCLE 1/2 TO FACE OPPOSITE DIRECTION

- 57 - 64 4 shuffles, starting with right foot and turning 1/2 right

REPEAT

LADY'S STEPS

SHUFFLE AND ROCK STEPS

- 1 & 2 Shuffle back left, right, left
3 - 4 Rock back on right foot, step forward on left foot
5 & 6 Shuffle forward right, left, right
7 - 8 Rock forward on left foot, step back on right foot
9 - 16 Repeat counts 1-8

SIDE SHUFFLES & ROCK STEPS

17 & 18 Shuffle to left side (left, right, left) while turning 1/4 to left
19 - 20 Rock forward on right foot, left foot step back
21 & 22 Shuffle to right side (right, left, right) while turning 1/2 to right
23 - 24 Rock forward on left foot, right foot step back
25 & 26 Shuffle to left side (left, right, left) while turning 1/2 to left
27 - 28 Rock forward on right foot, left foot step back
29 & 30 Shuffle to right side (right, left, right) while turning 1/2 to right
31 - 32 Step forward on left foot, turn 3/4 to right

/Partners are facing each other with left hands joined over right hands

SHUFFLE TO OPEN (SWEETHEART) POSITION & SIDE SWITCHES

33 & 34 Shuffle back left, right, left
35 - 36 Rock back on right foot, left foot step forward
37 & 38 Shuffle forward right, left, right

/With left hand, man turns lady 1/2 left into sweetheart position

39 - 40 Rock back on left foot, right foot step forward
41 & 42 Shuffle to left (left, right, left) crossing in front of man
43 - 44 Rock back on right foot, left foot step forward
45 & 46 Shuffle to right side (right, left, right) crossing in front of man
47 - 48 Rock back on left foot, right foot step forward

SHUFFLE TURNING LADY 1/2 RIGHT TO FACE PARTNER

49 & 50 Shuffle forward left, right, left

/With left hand, man turns lady 1/2 right to end facing partner

51 - 52 Rock back on right foot, left foot step back
53 & 54 Shuffle forward (right, left, right)
55 - 56 Step in place on left, right

/Bring joined hands over lady's head, release lady's hands. Man continues to slide his hands to lady's waist while lady slides her hands over her hair to her neck. She then places her hands on his shoulders.

BOTH CIRCLE 1/2 TO FACE OPPOSITE DIRECTION

57 - 64 4 shuffles, starting with left foot and turning 1/2 left

REPEAT