

SYNCOATED TOE TOUCHES

- 1 Touch right toe forward popping right knee forward
& Step on right next to left
2 Touch left toe forward popping left knee forward
& Step left next to right
3 Touch right toe to instep of left (knee pops inward/body twists left)
& Step left next to right
4 Touch left toe to instep of right (knee pops inward/body twists right)

1/2 TURN LEFT WITH LUNGE AND FIGURE FOUR

- 5 Turn left on ball of left 1/2 turn
6 Bend left knee slightly as you touch right out to the side (lunge)
7 Turn right on ball of left 1/2 turn-right crosses over left in a figure four
8 Point right to the side (facing original wall)

BODY ROLL, SLIDE, PIVOT, SCUFF HOP

- 9 Step right and roll body right
10 Slide left next to right
11 Step right (place weight on it)
12 Pivot on right turning 1/2 turn left (facing 9:00)
13 Pivot on left turning 1/2 turn left (facing 3:00)
14 Step forward on left
15 Scuff right
& Hop & weight ends on right
16 Weight on left

SPIRAL TURN, HOLD & SNAP

- 17 Step right with right making 1/4 turn
18 Step right with left making 1/4 turn
19 With weight on left turn to the right a full turn. Right will cross over left
20 Hold & snap fingers downward
21 Point to the side with right
22 Bring to center
23 Point to the side with left
24 Bring to center

SHOULDER DROPS & SLIDES

- 25 Step left with right making a 1/2 turn left/right shoulder drops
26 Slide left next to right/right shoulder lifts
27 Step left with right/right shoulder drops
28 Slide left next to right making a 1/2 turn right/right shoulder lifts
29 Step left with left/left shoulder drops
30 Slide right next to left/left shoulder lifts
31 Step left with left/left shoulder drops
32 Slide right next to left/left shoulder lifts (weight stays on left)

/Arms stay near sides as hands make a fist moving up & down with shoulders**KICK BALL CHANGE, PIVOT TURNS**

- 33 Kick right forward (about 6" off floor)
& Ball change with right
34 Step on left in place
35 Leading with right leg pivot on left making 1/2 turn right
36 Left follows right finishing turn
37 Kick right forward (about 6" off floor)
& Ball change with right
38 Step on left in place

39 Leading with right leg/pivot on left making 1/2 turn right
40 Left follows right finishing turn

/Call steps 37-40 "kick ball change open/close"

BRUSH, CROSS AND 3/4 TURN

41 Brush right forward (about 6" off floor)
42 Cross right over left (keeping foot in air)
43 Keeping right in air point (kick) right forward
44 Point right behind left
45 With weight on left make 3//4 turn right (feet may end up crossed/it's ok!)
46 Hold
47 Point right to the side
48 Bring back to center (weight on left)

REPEAT

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