

Dancing Juice

64 Count, 4 Wall, Improver

Choreographer: Karl-Harry Winson (UK) Oct 2008

Choreographed to: The Boy Does Nothing by
Alesha Dixon

Intro: 64 count introduction, start on the lyrics "Does he wash up"

1-8 Side strut, Cross Strut, Weave right

- 1-2 Step right toes to right side, drop the heel
- 3-4 Cross left toes over the right, drop the heel
- 5-6 Step right to right side, cross left behind the right
- 7-8 Step right to right side, cross left over the right

9-16 Toe strut right, Back rock, Flick left, Flick right

- 1-2 Step on right toe to right side, drop right heel
- 3-4 Rock back on the left recover forward on the right (*slightly facing the left diagonal corner*)
- 5-6 Flick left to left diagonal, Step left next to the right
- 7-8 Flick right foot to right diagonal, Step right next to the left

17-24 Side Strut, Cross Strut, Weave left

- 1-2 Step left toes to left side, drop the heel
- 3-4 Cross right toes over the left, drop the heel
- 5-6 Step left to left side, cross right behind the left
- 7-8 Step left to left side, cross right over the left

25-32 Side hold, Cross rock, Side rock, Back rock ¼ turn

- 1-2 Step left to left side, hold
- 3-4 Cross rock right over the left, recover weight back in the left
- 5-6 Rock right to right side, recover weight back in the left
- 7-8 Cross rock back on the right, recover weight forward in the left making a 1/4 turn right

33-40 Toe, Kick, Cross, Back, Side, Hold, Cross, Hold

- 1-2 Touch right toe next to left instep bending left knee and twisting to left diagonal, straighten knee and kick right foot towards right diagonal
- 3-4 Cross right over left, step back on left
- 5-8 Step right to right side, hold, cross left over right, hold

41-48 Toe, Kick, Cross, Back, Side, Hold, Cross, Hold

- 1-2 Touch right toe next to left instep bending left knee and twisting to left diagonal, straighten knee and kick right foot towards right diagonal
- 3-4 Cross right over left, step back on left
- 5-8 Step right to right side, hold, cross left over right, hold

49-56 Right side strut, back rock, Left side strut, back rock

- 1-2 Step right toe to right side, drop the heel
- 3-4 Rock back on the left, recover forward on the right
- 5-6 Step left toe to left side, drop the heel
- 7-8 Rock back on the right, recover forward on the left

57-64 ½ Turn, Lower heel, Rock recover, Full turn, Step, Hold

- 1-2 Step forward on ball of right and turn ½ to left, lower heel,
- 3-4 Rock back on left, recover on right
- 5-6 Step forward on left pivoting ¼ to right, pivot ½ to right and step right to right
- 7-8 Turn ¼ to right and step forward on left, hold
- 5-8 Option: Can replace the last 4 counts of section 8 with a left shuffle forward