

Right Hips Bumps, Left Hip Bumps, Rocking Chair, Step, Heel Twist.

- 1 & 2 Step forward right, bumping hips right. Hips to centre, Bump hips right.
3 & 4 Step forward left, bumping hips left. Hips to centre. Bump hips left.
5 & Rock forward on right. Rock back onto left.
6 & Rock back on right. Rock forward onto left.
7 Step forward right.
& 8 On balls of feet twist both heels to right. Bring heels to centre.

Back, Drag, 1/2 Turning Heel Jacks x2, Syncopated Jumps, Knee Pop.

- 9 - 10 Step big step back on right. Drag left to touch beside right.
& 11 1/2 turn right on ball of right, stepping back left. Touch right heel forward.
& 12 Step right to place (under body). Touch left beside right.
& 13 1/2 turn right on ball of right, stepping back left. Touch right heel forward.
& 14 Step right to place (under body). Touch left beside right.
& 15 Step forward left. Step right beside left.
& On balls of feet, raise heels, popping both knees forward.
16 Lower heels, straighten legs.

Side Right, Hip Bump Left, Side Left, Hip Bump Right, Chasse Right.

- 17 Step right to right side.
Option Styling: Lift both hands up just above shoulders.
18 Angling body left, touch left to left side, bumping hips left.
Option Styling: Snap/Click both hands down, as if pushing hips through hands.
19 Step left to left side.
Option Styling: Lift both hands up just above shoulders.
20 Angling body right, touch right to right side, bumping hips right.
Option Styling: Snap/Click both hands down, as if pushing hips through hands.
Note: Body remains angled right for counts 21 - 24
21 & Step right to right side. Close left beside right.
22 & Step right to right side. Close left beside right.
23 & Step right to right side. Close left beside right.
24 Step right to right side.
Note: Hip, rib and body movement is encouraged on the chasse.

Side Left, Touch Right, Side Right, Touch Left, 1/4 Turn, Full Paddle Turn.

- 25 - 26 Returning body to centre, step left to left side. Touch right beside left.
27 - 28 Step right to right side. Touch left beside right.
Option During steps 25 - 28 try doing body rolls / snake rolls / knee rolls.
29 Step left 1/4 turn left.
& 30 Rock back, slightly to right side, making 1/3 turn left. Step onto left in place.
& 31 Rock back, slightly to right side, making 1/3 turn left. Step onto left in place.
& 32 Rock back, slightly to right side, making 1/3 turn left. Step onto left in place.
Option Styling: Lift both hands up just above shoulders.
Note: Steps & 30-&32 complete a full turn left. End facing 1/4 turn left of start wall.
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