

Dancing All Night

32 count, 4 wall, intermediate level

Choreographer: Gary Lafferty (Scotland) Aug 2004

Choreographed to: Lovin' Each Day by Ronan

Keating, Destination album (106 bpm)

16-count intro

WALK RIGHT then LEFT, TRIPLE STEP ; SHUFFLE BACK 3/4 TURN , BUMP & BUMP

- 1-2 Step forward on Right foot , step forward on Left foot
3&4 Step very slightly back on Right foot , step on Left beside Right ,step very slightly back on Right
5&6 Shuffle back turning 3/4 turn over Left shoulder stepping Left-Right-Left (to face 9 o'clock wall)
7&8 Step to Right bumping hips to Right , bump hips to centre , bump hips to Right again

ROCK BEHIND , RECOVER , LEFT KICK-BALL-CROSS ; STEP LEFT , SAILOR 1/4 TURN , STEP FORWARD

- 9-10 Rock Left foot behind Right , recover weight onto Right foot
11&12 Kick Left foot diagonally-forward Left , step down on Left foot , cross-step Right foot over Left
13 Step to Left on Left foot
14&15 Turn 1/4 Right stepping Right foot behind Left , step to Left on Left foot , step on Right foot in place
16 Step forward on Left foot

STEP FORWARD , 1/2 TURN ; KICK & POINT & POINT-HITCH-POINT ; RIGHT SAILOR STEP

- 17-18 Step forward on Right foot , pivot 1/2 turn to Left
19&20 Kick Right foot forward , step down on Right foot beside Left , point Left foot out to Left side
&21 Step on Left foot beside Right , point Right foot out to Right side
&22 Hitch Right knee across Left leg , point Right foot out to Rightside
23&24 Cross-step Right foot behind Left , step to Left on Left foot , step to Right on Right foot

TOUCH BEHIND , UNWIND , LEFT COASTER STEP ; STEP FORWARD , 1/2 TURN , STEP FORWARD , 1/4 TURN

- 25-26 Touch Left foot behind Right , unwind 1/2 turn over Left shoulder
(weight remains on Right foot)
27&28 Step back on Left foot , step on Right foot beside Left , step forward on Left foot
29-30 Step forward on Right foot , pivot 1/2 turn to Left
31-32 Step forward on Right foot , pivot 1/4 turn to Left

ALTERNATIVE FOR COUNTS 29-32

You can use 4 Right hitch-points to complete the 3/4 turn Left that is required, or(if you not worried about getting dizzy!) you can do a 1 3/4 turns with hitch-points!

NOTES

The music is available on Ronan's album entitled "Destination" and numerous pop compilation albums.

The dance starts after 16 counts on the "owwww" vocals, and you will be starting your second wall on the main vocals of the first verse ("Girl I'm on a mission").

DJ's - - The track could also be used for "Live, Laugh, Love" or "Faded" if a floor-split is required.