

A Sup Of The Fine Old Stuff

IMPROVER

32 Count 4 Walls

Choreographed by: Denis Flanagan

Choreographed to: Rare Old

Mountain Dew by The Orthodox Celts.

L, Kick-back-cross, L, Coaster cross, Hitch (Up)-back-heel. & heel & touch.

- 1 & 2 Kick Left Fwd, Step back (long) on Left, Cross step Right over left.
3 & 4 Step back on Left, Step Right beside Left, Cross step Left over Right
5 & 6 & 5&6& Hitch Right knee (up), Step back on Right, Touch Left heel Fwd, Step Left next Right,
7 & 8 Touch Right heel Fwd, Step Right next to Left, Touch Left next to Right (12.00)

2 Hitch (Up), Chasse`s x3 (full turn). Hitch (Up) Shuffle Fwd.

- & 1 & 2 Hitch Left, knee (up) Step Left to left, Step Right next to Left, Step Left 1/4 turn left, (9.00)
& 3 & Hitch Right knee (up) making 1/4 turn Left, (6.00) Step Right to side Step Left next Right
4 & Step Right to side, Hitch Left, knee (up) making 1/4 turn Left, (3.00)
5 & 6 Step Left to left, Step Right next to Left, Step Left 1/4 turn left (12.00)
& 7 & 8 Hitch Right knee (up) Shuffle fwd Right-Left-Right (12.00)

(Restart here from beginning on walls 1-3-5 = repeat first 16 counts) (The restarts effectively make the first (3) (front, left & back) walls 48 counts)

3 Cross Over 1/4 turn L, shuffle 1/2 turn L, Step Fwd 1/2 turn R, Coaster step

- 1 - 2 Cross step Left over, Make 1/4 turn left stepping back on Right (9.00)
3 & 4 Shuffle 1/2 turn left, stepping, L-R-L
5 - 6 Step fwd on Right, Make 1/2 turn right stepping back on Left
7 & 8 Step back on Right, Step Left next to Right, Step fwd on Right

4 3 Walks fwd heel split, Brush x3, & Point

- 1 - 2 - 3 Walk fwd Left - Right - Left, Swivel heels Out - In (weight on left)
5 - 6 - 7 Brush Right fwd, Brush Right back Over Left, Brush Right Fwd
& 8 Step back on Right, Point Left to side
(& 8) styling: right hand to forehead, left arm diagonally in line to left palms facing down

Tag ("Have A Sup Of The Fine Old Stuff") 4 counts done at the end of wall 6 facing (3.00)

- Count 1: Reach both hands forward grabbing an imaginary bottle & glass.
Count 2: Count 2: Pour yourself "A sup of the fine old stuff"
Count 3: Put the bottle back.
Count 4: Drink your drink, (start dance again, further duration is now 32 counts per wall)

Remember "It`s all for the Craic" http://youtu.be/DHE2Gi_hBvw