



Dance Your Pain Away (Easily)

BEGINNER

32 Count 4 Walls

Choreographed by: Sandra Speck

Choreographed to: Dance Your
Pain Away by Agnetha Faltskog

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- 1 - 8 CROSS ROCK CHASSE, CROSS SIDE BEHIND SIDE**
1 - 2 Cross right foot over left, recover on to left foot
3 & 4 Step right foot to side, close left foot next to right, step right foot to side
5 - 6 Cross left foot over right, step right to side
7 - 8 Cross left foot behind right, step right foot to side
- 1 - 8 CROSS ROCK CHASSE, CROSS SIDE BEHIND 1/4 LEFT**
1 - 2 Cross left foot over right, recover on to right foot
3 & 4 Step left to left side, close right foot next to left, step left foot to left side
5 - 6 Cross right foot over left, step left foot to left side
7 - 8 Cross right foot behind left, turn 1/4 left stepping forward on left foot (9 oâ€™clock)
- 1 - 8 CROSS POINT, CROSS POINT, BACK SWEEP BEHIND SIDE**
1 - 2 Cross right foot over left, point left toe to left side
3 - 4 Cross left foot over right, point right toe to right side
5 - 6 Cross right foot behind left, sweep left foot out from front to back
7 - 8 Cross left foot behind right, step right foot to right side
- 1 - 8 CROSS ROCK, SIDE TOUCH, 1/4 RIGHT TOUCH, 1/4 LEFT SCUFF**
1 - 2 Cross left foot over right, recover on to right foot
3 - 4 Step left foot to left side, touch right foot next to left
5 - 6 Turn 1/4 right stepping forward on right foot, touch left next to right (12 oâ€™clock)
7 - 8 Turn 1/4 turn left stepping left foot to side, scuff right foot next to left (9 oâ€™clock)
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