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A Strait Swing

32 Count, Intermediate, ECS, Partner, Circle

Choreographer: Rick & Deborah Bates (USA)

Sept 2008

Choreographed to: Unwound by George Strait (140 bpm), CD: Strait Out Of The Box; Make Her Fall In

Love With Me Song by George Strait, CD:

Troubadour

Position: Double Hand Hold position. Man faces ILOD and lady faces OLOD. Partners on opposite work
Start dancing on lyrics

MAN'S STEPS

SIDE ROCK STEP, SYNCOPATED BEHIND-SIDE-CROSS, MODIFIED MONTEREY TURN, FORWARD SHUFFLE

- 1-2 Step to the right on ball of right; rock to the left onto left
3&4 Cross right behind left and step; step to the left on left; cross right over left and step
Release hands as partners turn away from each other
5-6 Touch left toe to the left; pivot $\frac{1}{2}$ turn to the left on ball of right and step left next to right
Partners are back to back. Man faces OLOD and lady faces ILOD
7&8 Shuffle forward (right, left, right)

ROCK STEP, TURNING SHUFFLE

- 9-10 Step left forward; rock back onto right
11&12 Shuffle back (left, right, left) making a $\frac{1}{2}$ turn to the left on these steps
Man picks up lady's right hand in his left. Partner's now facing each other.
Man facing ILOD and lady facing OLOD

SIDE, BEHIND, PIVOT, FORWARD SHUFFLE

- Raise man's left hand and lady's right. Lady turns under upraised joined hands
13-14 Step to the right on right; cross left behind right and step
& Pivot $\frac{1}{4}$ turn to the right on ball of left
15&16 Shuffle forward (right, left, right)
Partner's now in the left open promenade position facing LOD holding inside hands
(man's left and lady's right)

FORWARD SHUFFLES, WALK, WALK, FORWARD SHUFFLE

- 17&18 Shuffle forward (left, right, left)
19&20 Shuffle forward (right, left, right)
21-22 Step left forward; step forward on right
23&24 Shuffle forward (left, right, left)

MILITARY PIVOT, TURNING TRIPLE STEP, ROCK STEP, TRIPLE STEP

- Release inside hands as partners turn inward
25-26 Step right forward; pivot $\frac{1}{2}$ turn to the left on ball of right and shift weight to left
Partner's now facing RLOD
27&28 Step right forward and begin a $\frac{3}{4}$ turn to the left in place; step on left
and continue $\frac{3}{4}$ turn to the left; step on right and complete $\frac{3}{4}$ turn to the left
29-30 Step left back; rock forward onto right
31&32 Triple step in place (left, right, left)
Rejoin both hands. Partner's now facing each other. Man facing ILOD and lady facing OLOD

LADY'S STEPS

SIDE ROCK STEP, SYNCOPATED BEHIND-SIDE-CROSS, MODIFIED MONTEREY TURN, FORWARD SHUFFLE

- 1-2 Step to the left on ball of left; rock to the right onto right
3&4 Cross left behind right and step; step to the right on right; cross left over right and step
Release hands as partners turn away from each other
5-6 Touch right toe to the right; pivot $\frac{1}{2}$ turn to the right on ball of left and step right next to left
Partners are back to back. Man faces OLOD and lady faces ILOD
7&8 Shuffle forward (left, right, left)

ROCK STEP, TURNING SHUFFLE

- 9-10 Step left forward; rock back onto right
11&12 Shuffle back (right, left, right) making a $\frac{1}{2}$ turn to the right with these steps
Man picks up lady's right hand in his left. Partner's now facing each other.
Man facing ILOD and lady facing OLOD
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ROLLING TURN TO THE LEFT, PIVOT, FORWARD SHUFFLE

- Raise man's left hand and lady's right. Lady turns under upraised joined hands...
- 13-14 Step to the left on left and begin a full rolling turn to the left traveling toward LOD;
step on right and complete full rolling turn to the left
- & Pivot ¼ turn to the left on ball of right
- 15&16 Shuffle forward (left, right, left)
Partner's now in the left open promenade position facing LOD holding inside hands
(man's left and lady's right)

FORWARD SHUFFLES, WALK, WALK, FORWARD SHUFFLE

- 17&18 Shuffle forward (right, left, right)
- 19&20 Shuffle forward (left, right, left)
- 21-22 Step right forward; step left forward
- 23&24 Shuffle forward (right, left, right)

MILITARY PIVOT, TURNING TRIPLE STEP, ROCK STEP, TRIPLE STEP

- Release inside hands as partners turn inward
- 25-26 Step left forward; pivot ½ turn to the right on ball of left and shift weight to right
Partner's now facing RLOD
- 27&28 Step left forward and begin a ¾ turn to the right in place;
step on right and continue ¾ turn to the right ; step on left and complete ¾ turn to the right
- 29-30 Step right back; rock left forward
- 31&32 Triple step in place (right, left, right)
Rejoin both hands. Partner's now facing each other. Man facing ILOD and lady facing OLOD

Music download available from iTunes

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