

**CROSS ROCKS, SIDE SHUFFLES**

- 1 - 2 Cross right foot over left and step, rock back onto left,  
3 & 4 Shuffle to the right (right-left-right)  
5 - 6 Cross left foot over right and step, rock back onto right foot  
7 & 8 Shuffle to the left (left-right-left)

**ROCK STEPS, TURNING SHUFFLES**

- 1 - 2 Step forward on right foot, rock back onto left foot  
3 & 4 Shuffle in place (right-left-right) making a 1/2 turn to the right  
5 - 6 Step forward on left foot, rock back onto right foot  
7 & 8 Shuffle in place (left-right-left) making 1/2 turn to the left

**MILITARY PIVOT TO THE LEFT, SHUFFLE FORWARD, STEP-TURN TO THE RIGHT, SHUFFLE FORWARD**

- 1 - 2 Step forward on right foot, pivot 1/2 turn to the left on ball of right foot and shift weight to left foot  
3 & 4 Shuffle forward (right-left-right)  
5 - 6 Step forward on left foot making a 1/2 turn to the right on ball of left foot, step back on right foot making a 1/2 turn to the right on ball of right foot  
7 & 8 Shuffle forward (left-right-left)

**ROCK STEPS WITH TURN, SHUFFLE FORWARD, MILITARY PIVOT TO THE RIGHT, SHUFFLE FORWARD**

- 1 - 2 Step forward on right foot, rock back onto left foot making a 1/4 turn to the right  
3 & 4 Shuffle forward (right-left-right)  
5 - 6 Step forward on left foot, pivot 1/2 turn to the right on ball of left foot and shift weight to right foot  
7 & 8 Shuffle forward (left-right-left)

**REPEAT**

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