

16 count intro, start on vocals

Dance: A, B, A, B, bridge and then A with one restart for the rest of the dance
114 (A: 66 / B: 48)

PART A

Walk, hold R, L, rock forward R, ½ turn R, hold

- 1-4 Walk forward stepping right, hold, left, hold
5-6 Step forward on right, recover on left
7-8 On ball of left make ½ turn right stepping forward onto right, hold

Scissors, hold L, R

- 9-12 Step left to left side, step right next to left, cross left over right, hold
13-16 Step right to right side, step left next to right, cross right over left, hold

Back lock, hold, slow back coaster R, hold

- 17-20 Step back on left, lock right in front of left, step back on left, hold
21-24 Step back on right, step left next to right, step forward on right, hold

Pivot ½ turn R, step forward, hold, rocking chair R

- 25-28 Step forward on left, pivot ½ turn right, step forward on left, hold
29-32 Rock forward on right, recover on left, rock back on right, recover on left

Restart: During the first time dancing part A after the bridge make a restart at this point

Vine R, touch, rolling vine L, touch

- 33-36 Step right to right, cross left behind right, step right to right, touch left next to right
37-40 Step left foot ¼ turn left, step right foot ¼ turn right, step left foot to the left making ½ turn on ball of right, touch right next to left

Walk back R-L-R, touch, slow shuffle forward L, brush

- 41-44 Walk backwards stepping right, left, right, touch left next to right
45-48 Step forward on left, slide right up to left, step forward on left, brush right

Pivot ½ turn L, step forward, hold, lock step forward L, hold

- 49-52 Step forward on right, pivot ½ turn left, step forward on right, hold
53-56 Step forward on left, lock right up behind left, step forward on left, hold

Rocking chair R x 2, rock step forward R

- 57-60 Rock forward on right, recover on left, rock back on right, recover on left
61-64 Rock forward on right, recover on left, rock back on right, recover on left
65-66 Rock forward on right, recover on left

PART B (same as A just only until count 48)

Walk, hold R, L, rock forward R, ½ turn R, hold

- 1-4 Walk forward stepping right, hold, left, hold
5-6 Step forward on right, recover on left
7-8 On ball of left make ½ turn right stepping forward onto right, hold

Scissors, hold L, R

- 9-12 Step left to left side, step right next to left, cross left over right, hold
13-16 Step right to right side, step left next to right, cross right over left, hold

Back lock, hold, slow back coaster R, hold

- 17-20 Step back on left, lock right in front of left, step back on left, hold
21-24 Step back on right, step left next to right, step forward on right, hold

Pivot ½ turn R, step forward, hold, rocking chair R

- 25-28 Step forward on left, pivot ½ turn right, step forward on left, hold
29-32 Rock forward on right, recover on left, rock back on right, recover on left

Vine R, touch, rolling vine L, touch

- 33-36 Step right to right, cross left behind right, step right to right, touch left next to right
37-40 Step left foot ¼ turn left, step right foot ¼ turn right, step left foot to the left making ½ turn on ball of right, touch right next to left
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Walk back R-L-R, touch, slow shuffle forward L, brush

41-44 Walk backwards stepping right, left, right, touch left next to right

45-48 Step forward on left, slide right up to left, step forward on left, brush right

Begin Part A again

BRIDGE: After finishing part B for the second time then dance the following bridge
(it's heard perfectly well in the music)

Vine R, touch, rolling vine L, touch

1-4 Step right to right, cross left behind right, step right to right, touch left next to right

5-8 Step left foot ¼ turn left, step right foot ¼ turn right, step left foot to the left
making ½ turn on ball of right, touch right next to left

Walk back R-L-R, touch, slow shuffle forward L, brush

9-12 Walk backwards stepping right, left, right, touch left next to right

13-16 Step forward on left, slide right up to left, step forward on left, brush right

Begin Part A again and dance this part with one restart for the rest of the dance

DANCE AND ENJOY LIFE

Dedicated to my beloved husband Poul Erik, who is always there for me, making my life a dance!

Music download available from itunes

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