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Dance On The Double

64 Count, 4 Wall, Intermediate Choreographer: Roz Chaplin & Colin B Smith (UK)

August 2011

Choreographed to: Lost in the Shuffle by Michael Peterson CD: Michael Peterson (138bpm)

32 Count Intro starts on Vocals

1-2 3-4 5-6 7-8	DIAGONAL FORWARD TOUCH, DIAGONAL BACK, KICK, COASTER STEP, SCUFF Step forward on right, touch left beside right Step back on left, kick right foot forward Step back on right, step left beside right Step forward on right, scuff left foot forward
1-2 3-4 5-6 7-8	SIDE TOUCH X2, SIDE TOGETHER, ¼ TURN, TOUCH Step left to left side, touch right beside left Step right to right side, touch left beside right Step left to left side, close right beside left ½ turn left stepping forward on left, touch right beside left (9)
1&2 3-4 5-6 7&8	KICK BALL CHANGE, ROCKING CHAIR, KICK BALL CHANGE Kick right forward, step right beside left, step left in place Rock forward on right, recover on left Rock back on right, recover on left Kick right forward, step right beside left, step left in place
1-2 3-4 5-6 7-8	MONTEREY ½ TURN, ROCKING CHAIR Touch right toe to right side, make ½ turn right stepping right to right side (3) Touch left toe to left side, step left beside right (taking weight) Rock right forward, recover onto left Rock back on right, recover onto left
1-2 3-4 5-6 7-8 <i>Easier</i> (HEEL GRIND ¼ TURN, ROCK BACK, RECOVER, FULL TURN RIGHT Touch right heel forward, grind ¼ turn to right (weight on left) (6) Rock back on right, recover onto left Step right forward, make ½ turn to right stepping left back Make ½ turn to right stepping right forward, step left forward (6) Option 5-8 Walk forward right, left, right, left
1-2 3&4 5&6 &7-8	ROCK STEP, COASTER STEP, KICK & POINT SWITCH 1/4 TURN Rock forward on right, recover on left Step right back, step left beside right, step right forward Kick left forward, step left beside right, point right to right Step right beside left, point left to left, make 1/4 turn to left (weight on right) (3)
1-2 3&4 5&6 7-8	ROCK STEP, 2X SHUFFLE BACK, TOE TURN Rock forward on left, recover on right, Shuffle back stepping left, right, left Shuffle back stepping right, left, right Touch left toe back, make ½ turn to left (weight on left) (9)
1&2 3&4 5-6 7-8	BOTAFOGO X 2, JAZZ BOX Step right forward, rock left to left, recover on right Step left forward, rock right to right, recover on left Cross right over left, step left back Step right to right, cross left over right
TAG	At the end of walls 2&5, Repeat Botafogo x2, Jazz Box
Note	Especially Written for Ros's Workshop August 2011