

Dance Of The Heart

48 count, 4 wall, intermediate level

Choreographer: Val Reeves (UK) April 2002
Choreographed to: Hearts Are Dancing by The
Forrester Sisters

Hips rocks fwds

1 3 Left step fwd push left hip fwd push right hip back left hip fwd
4 6 Right step fwd push right hip fwd push left hip back right hip fwd
7 9 Left step fwd push left hip fwd push right hip back left hip fwd
10 12 Right step back left step beside right right step fwd

1/4 turn left 1/2 turn right

13 15 Left step across right turning 1/4 turn left right step back left step beside right
16 18 Turning 1/2 turn right right step fwd left step fwd right step fwd

Rock fwd back step turn 1/2 turn right

19 21 Left rock fwd right rock back left step back
22 24 Turning 1/2 turn right step fwd right left right

Rock side and across

25 27 Left rock out to left side rock onto right left step fwds
28 30 Right rock out to right side rock onto left right step fwds

Rock 3/4 turn left extended vine

31 33 Left rock fwd turn 3/4 turn left stepping on right then left
34 36 Right step right left step behind right right step right
37 39 Left step across right right step right left step behind right

Rocks

40 42 right rock to right sway hips left then right

Roll left 1/4 turn right

43 45 Turning 1 full turn left on left right left
46 48 Right rock across left left rock back turn 1/4 turn right right step fwd

Notes

13 15 keep weight back on 1/4 turn
16 18 turn immediately use ball of left (15) to begin turn you will be turning backwards over right shoulder
28 30 again turn backwards over right shoulder use ball of left(21) to begin turn.
