



Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

Dance Of A Lifetime

32 Count, 4 Wall, Improver

Choreographer: Lindy Bowers and Janis Graves
(USA) March 2012

Choreographed to: Dance Of A Lifetime by 7th Heaven Band

16 count intro.

STEP FORWARD, TOUCH, STEP BACK, KICK, COASTER ¼ TURN CROSS, HOLD

- 1-4 Step forward on R, touch L behind R, step back on L, kick R forward
5-8 Step back on R, step L next to R, making ¼ turn right, cross R over L, hold (3:00)

WEAVE LEFT, SCISSOR CROSS, POINT

- 1-4 Step L to side, step R behind L, step L to side, step R across L
5-8 Step L to side, step R next to L, cross L over R, point R toe to right side

Restart here on wall #4

CROSS, POINT, CROSS, POINT, SAILOR ¼ TURN, STEP

- 1-2 Cross R over L, point L toe to side
3-4 Cross L behind R, point R toe to side
5-8 Step R behind L, making a ¼ turn right-step L to side, step R to side, step L forward (6:00)

CHASSE ½ TURN, HOLD, CHASSE ¼ TURN, HOLD

- 1-4 Step R forward, pivot ½ turn left, step R forward, hold (12:00)
5-8 Step L forward, pivot ¼ turn right, step L forward, hold (3:00)

RESTART: On wall #4 (9:00 wall) – Do the first 16 counts of the dance and restart.
(This will put you at 12:00 to restart the dance.)

TAG: At the end of wall #9 (3:00 wall) – there is an 8 count tag:

- 1-4 Step R to right, touch L next to R, rock back on L, recover on R
5-8 Step L to left, touch R next to L, rock back on R, recover on L
-

Music available from www.7thheavenband.com

Linedancer Magazine, 166 Lord Street, Southport, United Kingdom, PR9 0QA
Tel: +44 (0)1704 392300 Fax: +44 (0)871 900 5768*charged at 10p per minute