

SYNCOPATED JUMPS FORWARD AND BACK

- & 1 - 2 Jump forward onto right foot and step left next to right and clap
& 3 - 4 Jump backward onto right foot and step left next to right and clap

SAILOR STEPS

- 5 & 6 Cross right foot behind left foot and step, step left foot to left side, step right foot to right side
7 & 8 Cross left foot behind right foot and step, step right foot to right side, step left foot to left side

SYNCOPATED HEEL JACKS

- & 9 Step right foot back at 45 degree angle to right, tap left heel forward at 45 degree angle to left
& 10 Step left foot back to center, step right foot next to left foot
& 11 Step left foot back at 45 degree angle to left, tap right heel forward at 45 degree angle to right
& 12 Step right foot back to center, step left foot next to right foot

VINE WITH 1/4 TURN RIGHT, LEFT VINE WITH HITCH

- 13 - 16 Step right foot to right side, step left foot behind right, step 1/4 turn right, hitch left knee
17 - 20 Step left foot to left side, step right foot behind left, step left foot to left, hitch right knee

FORWARD KICKS, SIDE KICKS, COASTER STEPS

- 21 Kick right foot forward
22 Kick right foot out to right side
23 & 24 Step right foot forward, step left foot next to right, step right foot back
25 Kick left foot forward
26 Kick left foot out to left side
27 & 28 Step left foot back, step right foot next to left, step left foot forward

HEEL AND TOE TWISTS

- 29 - 32 Twist both heels to left side, twist both toes to left side, twist both heels to left side, twist both toes to left side
33 - 36 Twist both toes to right side, twist both heels to right side, twist both toes to right side, twist both heels back to center

SAILOR STEPS

- 37 & 38 Cross right foot behind left foot and step, step left foot to left side, step right foot to right side
39 & 40 Cross left foot behind right foot and step, step right foot to right side, step left foot to left side

REPEAT
