

Dance From The Heart

32 Count, 2 Wall, Improver

Choreographer: Jan Wyllie (Aus) Feb 2014

Choreographed to: We'll Dance by Heartbeat (120 bpm)

Intro: 16

ROCK RECOVER COASTER BACK TOE STRUTS FORWARD TWICE

- 1-2 Rock left forward, recover to right
- 3&4 Left coaster step
- 5-6 Step right toe forward, lower right heel
- 7-8 Step left toe forward, lower left heel

RIGHT KICK BALL CHANGE TWICE SIDE ROCK RECOVER STEP ACROSS HOLD

- 1&2 Right kick ball change
- 3&4 Right kick ball change
- 5-6 Rock right side, recover to left
- 7-8 Cross right over, hold

SIDE ROCK RECOVER CROSS SHUFFLE ¼ SHUFFLE FORWARD STEP TURN ¼

- 1-2 Rock left side, recover to right
- 3&4 Crossing chassé left-right-left
- 5&6 Turn ¼ right and chassé forward right-left-right
- 7-8 Step left forward, turn ¼ right (weight to right)

CROSS TOE STRUT SIDE TOE STRUT JAZZ BOX

- 1-2 Cross left toe over, lower left heel
- 3-4 Step right toe side, lower right heel
- 5-8 Cross left over, step right back, step left side, step right together

TAG At the end of walls 4 and 8

ROCK FORWARD RECOVER BACK ROCK BACK RECOVER FORWARD

- 1-2 Rock left forward, recover to right
- 3-4 Rock left back, recover to right