

- 1. WALK FORWARD, WALK BACK**  
1-4 Walk forward R, L, R, kick L foot forward  
5-8 Walk backward L, R, L, touch R foot next to L foot
  
  - 2. COASTER STEP, TOUCH FOOT TO SIDE, HOME, BOTH SIDES, 2X**  
9&10 Step back on R foot, step L foot beside R foot, step R foot forward  
11-12 Touch L toe diagonal left, touch L foot beside R foot  
13&14 Step back on L foot, step R foot beside L foot, step L foot forward  
15-16 Touch R toe diagonal right, touch R foot beside R foot
  
  - 3. COASTER STEP, TOUCH FOOT TO SIDE, HOME, BOTH SIDES, 2X**  
17-24 Repeat steps 9-16
  
  - 4. TRIPLE STEP TO SIDE, ROCK STEP, RIGHT THEN LEFT SIDE**  
25&26 Triple step to right side, R, L, R  
27-28 Rock step L foot behind R foot, recover on R foot  
29&30 Triple step to left side, L, R, L  
31-32 Rock step R foot behind L foot, recover on L foot
  
  - 5. STEP OUT, OUT, IN, IN, RIGHT THEN LEFT**  
33-34 Step R foot out to right side, step L foot out to left side  
35-36 Step R foot back home, step L foot back home
  
  - 6. DOUBLE CHUG RIGHT HIP WITH 1/4 TURN LEFT, DOUBLE BUMP L HIP**  
37-38 Bump chug R hip twice as you turn 1/4 turn to the left  
39-40 Bump L hip twice to left side
  
  - 7. TOE TOUCHES GOING BACK, 2X**  
41-42 Touch R toe to right side, step R foot behind L foot  
43-44 Touch L toe to left side, step L foot behind R foot  
45-48 Repeat steps 45-48 (put your hips into it)
  
  - 8. TRIPLE STEP FORWARD, ROCK STEP WITH 1/4 TURN LEFT, TRIPLE STEP TO LEFT SIDE, CROSS ROCK R OVER L**  
49&50 Triple step forward, R, L, R  
51-52 Rock forward on L foot, recover with 1/4 turn to left on R foot  
53&54 Triple step to left side, L, R, L  
55-56 Cross rock with R foot over L foot, recover on L foot
  
  - 9. STEP OUT, OUT, IN, IN, RIGHT FOOT THEN LEFT FOOT**  
57-58 Step R foot out to right side, step L foot out to left side  
59-60 Step R foot back home, step L foot back home
  
  - 10. DOUBLE CHUG RIGHT HIP WITH 1/4 TURN LEFT, DOUBLE BUMP L HIP**  
61-62 Bump chug R hip twice as you turn 1/4 turn left  
63-64 Bump L hip twice to left side
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