

## Damaged

32 count, 2 wall, intermediate level  
Choreographer: Alan Spence (Wales) Jan 2008  
Choreographed to: Damaged by Shayne Ward,  
Breathless Album (78 bpm)

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16 count intro. 12 seconds. Start on heavy beat.

**Step, 1/4 turn Step, Touch, Tap, Side Step, Drag, Touch, Step Cross, 1/4 turn rock recover**

- 1 2 Step right foot forward, Make sharp 1/4 turn left stepping forward on left. ( 9 o'clock )  
3 & 4 Touch right beside left, Tap right slightly to the right, Step long step to right side.  
5 6 Slowly drag left to touch behind right on beat 6.  
&7&8 Step left to left side, Cross right over left, Make 1/4 turn left rocking to left side,  
recover weight onto right side. (6 o'clock )

**Back Rock, Kick Ball Cross, 1/4 Turn, Heel, Together, Point, 1/4 Turn, Heel, Together, Step Fwd**

- 1 2 Rock left back behind right, Recover on to right  
3 & 4 Kick left to left diagonal, Step left beside right, Cross right over left  
&5&6 Make 1/4 turn right stepping back on left, Dig right heel forward,  
Step right beside left, Point left to left side  
&7&8 Make 1/4 turn right stepping back on left, Dig right heel forward,  
Step right beside left, Step forward on left. ( 12 o'clock )

**Restart here** on walls 2 and 4.

**Sway Fwd Back, 1/4 Turn Chasse, Touch, Side, Heel, Together, Cross, Unwind 1/2 with 2 Bounces**

- 1 2 Step forward on right swaying forward as you do so, Sway back onto left.  
3 & 4 Make 1/4 turn right stepping right to side, Step left beside right, Step right to side. ( 3 o'clock )  
5&6& Touch left behind right, Step left to left side, Dig right heel to right diagonal, Step right beside left.  
7 & 8 Cross left over right, Unwind 1/2 turn right by bouncing two 1/4 turns, keeping weight back on left  
( 9 o'clock )

**Point Back, 1/2 Turn, Triple Step 1/2 Turn, Coaster Step Kick, Syncopated Jazz Box 1/4 Turn Kick**

- 1 2 Point right back, Make 1/2 turn right.  
3 & 4 Triple step half turn right stepping left, right, left.  
5&6& Step back on to right, Step left beside right, Step forward on to right, Low kick forward with left.  
7&8& Cross left over right, Step back on to right, Make 1/4 turn left stepping left to side,  
Low kick forward with right.

**RESTARTS**

Dance first 2 Sections ( 16 Counts ) on walls 2 and 4, then restart dance from beginning

Dance runs - 32 Counts Wall 1, 16 Counts Wall 2, 32 Counts Wall 3, 16 Counts Wall 4, Full dance to end.

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Music download available from iTunes

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