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10 Years Of My Life

32 Count, 4 Wall, Improver Choreographer: Jos Slijpen (NL)Aug 2008 Choreographed to: Three Words, Two Heart, One Night by Mark Collie, CD: Tennessee Plates (127bpm)

1&2 3-4 5&6 7-8	Forward Lock Shuffle, Side Rock, Recover, Forward Lock Shuffle, Side Rock, Recover Step forward Right, lock step Left behind Right, step forward Right Rock Left out to left side, recover weight on Right Step forward Left, lock step Right behind Left, step forward Left Rock Right out to right side, recover weight on Left
7-0	
1&2 3-4 5&6 7-8	Cross Shuffle Right, Side Rock, Recover ¼ Turn Right, Forward Shuffle Left, Full Turn Left Cross step Right over Left, step Left to left side, cross step Right over Left Rock Left out to left side, turning 1/4 right recover weight on Right [3] Step forward Left, step Right together, step forward Left 1/2 turn left stepping back on Right, 1/2 left stepping forward on Left
	Forward Shuffle Right, ½ Turn Right, Hold With Clap (X3)
1&2	Step forward Right, step Left together, step forward Right
3-4	Make 1/2 turn right stepping back on Left, hold with clap
5-6 7-8	Make 1/2 turn right stepping forward on Right, hold with clap Make 1/2 turn right stepping back on Left, hold with clap [9]
	Coaster Step, Forward Walks, Forward Shuffle Left, Side Rock Right, Recover
1&2 3-4 5&6 7-8	Step back Right, step Left together, step forward Right Step forward Left, step forward Right Step forward Left, step Right together, step forward Left Rock Right out to right side, recover weight on Left [9]

Replace: On walls 1, 5 and 9 (you're facing each time 12 o'clock wall) the first 8 counts must be replaced, then continue with section 2 (Cross shuffle). For the other walls dance full 32 counts.

STOMP UP x2, STOMP UP

After you hear the words 'Three Words' - stomp Right twice

After you hear the words 'Two Hearts' - stomp Right once

Then continue with section 2 (Cross Shuffle) when you hear the words 'One Night Together'

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