

10 Ton Digger

64 count, 4 wall, improver level

Choreographer: Lynda Blackwood & Andrew Blackwood (NZ) Feb 2007

Choreographed to: Life Begins At Forty by Dave & The Dynamos (138 bpm)

Intro 24 beats, start on vocals

Sequence count 64 – 64 – 16 – 64 – 64 – 48 – 64 – 64 - 49

Toe Struts to The Right

1-2-3-4 Step right toe to right, snap right heel down, cross left toe over right, snap left heel down

5-6-7-8 Step right toe to right, snap right heel down, cross left toe over right, snap left heel down

Hip Roll, Toe Struts Back

1-2-3-4 Stepping right foot just to the right, roll hips right-left-right-left

5-6-7-8 Step RIGHT toe back, snap right heel down, step left toe back, snap left heel down

Right Heel Hook, Left Heel Hook

1-2-3-4 Touch right heel forward, hook right foot in front of left knee, touch right heel forward, close right foot beside left.

5-6-7-8 Touch left heel forward, hook left foot in front of right knee, touch left heel forward, close left foot beside right.

Two Buttermilks, 2 x ¼ Paddle Turn

1-2-3-4 Move heels apart, heels, together, heels apart, heels together

5-6-7-8 Step right forward, ¼ turn to left, step right forward, ¼ turn to left

Walk Forward, Kick & Clap, Walk Back, Touch & Clap

1-2-3-4 Walk forward right, left, right, kick left forward and clap

5-6-7-8 Walk back right, left, right, touch left beside right and clap

2 x Monterey Turns

1-2-3-4 Point right foot to right side, complete ½ turn on left foot, transferring weight to right, touch left foot to left, close left beside right

5-6-7-8 Repeat previous 4 counts.

Step, ½ Pivot Turn, Shuffle (x2)

1-2-3&4 Step forward on right, ½ pivot turn to left, shuffle forward right, left, right

5-6-7&8 Step forward on left, ½ pivot turn to right, shuffle forward left, right, left

Stomp, Hold, Slow Left Turn

1-2-3-4 Stomp forward on right, hold for three counts

5-6-7-8 Slow turn to left over four counts with shoulder shimmies, finishing with weight on left

RESTARTS: There are two restarts

Wall 3 dance to step 16 (••••) then restart

Wall 6 dance to step 48 then restart

Finish:

On wall 9 dance to step 44 (••••)

1-2-3-4-5 Touch right to right, close, Touch left to left, close, Stomp right forward with hands to side waist height.
