

Cubano

32 Count, 4 Wall, Int/Adv, Cha Cha
Choreographer: Niels Poulsen (Dk) Feb 2013
Choreographed to: A lo Cubano by Orishas

Intro: 32 counts from first strong beat in music, app. 29 secs into track. Start with weight fw on R

1 – 9 Recover sweep 1/8 R, R back rock, R step lock step, fw L, 1/2 R, 3 quick rocks

- 1 – 3 Recover back on L turning 1/8 on L and sweeping R to R side (1),
rock back on R (2), recover fw on L (3) 1:30
- 4&5 Step fw on R (4), lock L behind R (&), step fw on R (5) 1:30
- 6 – 7 Step fw on L prepping upper-body slightly L (6), turn 1/2 R on L (weight stays on L) (7) 7:30
- 8&1 Rock back on R (8), recover fw on L (&), rock back on R (1)
- Styling: try to push hips back, fw, back on 8&1 7:30

10 – 17 Recover fw L, walk R fw, 1/2 L, walk back on L R, 1/8 L, R step lock step

- 2 – 3 Recover weight fw onto L (2), walk fw on R prepping upper-body slightly R (3) 7:30
- 4 – 5 Turn 1/2 L on R (weight stays on R) (4), step back on L (5) 1:30
- 6 – 7 Step back on R (6), turn 1/8 L stepping L next to R (7) 12:00
- 8&1 Step fw on R (8), lock L behind R (&), step fw on R (1) *

Restart wall 2 - 12:00

18 – 25 1/4 R into L side rock, together, change weight, step fw L, fw R, 1/2 L, full turn step

- 2 – 3 Turn a sharp 1/4 R rocking L to L side (2), recover weight onto R (3) 3:00
- 4&5 Step L next to R (4), change weight to R (&), step fw on L (5) 3:00
- 6 – 7 Step fw on R (6), turn 1/2 L onto L foot (7) 9:00
- 8&1 Turn 1/2 L stepping back on R (8), turn 1/2 L stepping fw on R (&), step fw on R (1) 9:00
(Non-turny option: do a R lock step fw)

26 – 32 Rock L fw, 1/2 shuffle L, rock R fw, syncopated back rocking chair

- 2 – 3 Rock fw on L (2), recover back on R (3) 9:00
- 4&5 Turn 1/4 L stepping L to L side (4), step R next to L (&), turn 1/4 L stepping fw on L (5) 3:00
- 6 – 7 Rock fw on R (6), recover weight back on L (7) 3:00
- &&& Rock back on R (&), recover weight fw to L (8), rock fw on R (&)

Styling option: when doing your very last R rock step fw (count &) go up on the ball of R
turning whole body 1/8 L.

When starting again on count 1 you turn 1/4 R going down on a flat L foot...) 3:00

Ending Comes on wall 12 (starts facing 6:00). Do section 1 finishing the 3 rocks (facing 1:30).

There are 2 beats left in the music. They happen on counts 2, 3.

Hit these beats doing this: Recover

* **1 Restart:** On wall 2 (starts facing 3:00), after 16 counts, happens facing 3:00