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## Cuban Motion

BEGINNER
56 Count
Choreographed by: Nancy Morgan
Choreographed to: Let's Get Loud by Jennifer Lopez

|  | RIGHT SIDE ROCK, CHA-CHA IN PLACE, LEFT SIDE ROCK, CHA-CHA IN PLACE |
| :---: | :---: |
| 1-2 | Step right out to right side shifting weight to right then back to left |
| 3 \& 4 | Step in place, right, left, right (use Cuban motion in hips) |
| 5-6 | Step left out to left side shifting weight to left then back to right |
| 7 \& 8 | Step in place, left, right, left (use Cuban motion in hips) |
|  | FORWARD ROCK SHUFFLE BACK, BACK ROCK, SHUFFLE FORWARD |
| 1-2 | Step forward on your right shifting weight to right and back to left |
| 3 \& 4 | Step back right, put left next to right, step back on your right |
| 5-6 | Step back on your left shifting weight to left and back to right |
| 7 \& 8 | Step forward on your left, put right next to left step forward on your left |
|  | STEP FORWARD, HALF TURN, SHUFFLE FORWARD, STEP FORWARD, HALF TURN, SHUFFLE FORWARD |
| 1-2 | Step forward on your right, pivot $1 / 2$ turn on your left |
| 3 \& 4 | Step forward on your right, put left next to right step forward on your right |
| 5-6 | Step forward on your left, pivot 1/2 turn on your right |
| 7 \& 8 | Step forward on your left, put right next to left step forward on your left |
|  | VINE RIGHT AND CROSS, STEP, 2 SAILORS, VINE LEFT AND CROSS, STEP, 2 SAILORS |
| 1-2\&3-4 | Step forward on your right, step left behind right, quickly step back on right and cross left over right, step right to right side |
| 5 \& 6-\& 78 | Step left behind right, step right to right side, step left foot forward, step right behind left, step left to left side, step right foot forward |
| 1-2\&3-4 | Step forward on your left, step right behind left, quickly step back on left and cross right over left, step left to left side |
| 5 \& 6-\& 78 | Step right behind left, step left to left side, step right foot forward, step left behind right, step right to right side, step left foot forward |
|  | FORWARD ROCK, HALF TURN SHUFFLE, FORWARD ROCK, THREE-QUARTER TURN SHUFFLE |
| 1-2 | Step forward on your right shifting weight to right and back to left |
| 3 \& 4 | Turning a half turn to your right, shuffle forward right, left right |
| 5-6 | Step forward on your left shifting weight to left and back to right |
| 7 \& 8 | Turning a $3 / 4$ turn to your left, shuffle forward left, right left |
|  | REPEAT |
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