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Crystal Hero

32 count, 4 wall, intermediate level

Choreographer : Lorraine Susan Taylor (UK)

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Choreographed to: Crystal Blue By Daniel Ray

Edwards BPM:108; Hero (English) By Enrique

Iglesias B.P.M. 130 (not slow version).

1 - 8 Point. Turn Right. Hook. Rock. Back Lock.

- 1,2 Point Right toe FWD. Turn $\frac{1}{2}$ to Right on ball of LF. Hook RF over Left Leg.
- 3&4 Step RF FWD. Close LF to RF. Step RF FWD.
- 5,6 Step LF FWD. Rock back onto RF.
- 7&8 Step LF back. Cross RF over LF. Step LF back.

9 - 16 $\frac{1}{4}$ Turn Right. Hip bumps. Drag. Ball Change. Pivot.

- 1 Turning $\frac{1}{4}$ to Right, step RF to Right, bumping hips to Right.
- 2 Rock weight onto LF, bumping hip to Left.
- 3,4 Push RF out to the Right and drag LF towards RF.
- &5 Cross ball of LF behind RF. Replace weight onto RF.
- 6 Step LF FWD turning $\frac{1}{4}$ to Left.
- 7,8 Step RF FWD. Pivot $\frac{1}{2}$ turn to Left (weight ends on LF).

17 - 24 Rock, Step. Triple Turn. Rock, Step. Cross, Step. Cross.

- 1,2 Step RF FWD. Rock back onto LF.
- 3&4 Triple step R,L,R turning a full turn to Right. (or triple step on the spot).
- 5,6 Step LF FWD. Rock back onto RF.
- 7&8 Cross LF behind RF. Step RF small step to Right. Cross LF over RF.

25 - 32 Point, Hitch. Step, Cross, Step. Rock, Step. $\frac{1}{4}$ Turn Shuffle.

- 1,2 Point Right toe to Right. Hitch Right knee.
- 3&4 Step RF to Right. Cross LF behind RF. Step RF to Right.
- 5,6 Cross LF over RF. Rock back onto RF.
- 7&8 Turning $\frac{1}{4}$ to Left, step Left FWD. Close RF to LF. Step LF FWD

Start Again.