

A Rich Life

64 Count, 4 Wall, Intermediate

Choreographer: Francien Sittrop (NL) July 2012

Choreographed to: Life by Beckah Shae, Album: Life

Intro : Start after 32 Counts from the Beginning

1 – 8 Walks fwd R,L, Touches ½ R with Hitches, Side Shuffle R

- 1 – 2 Walk Fwd R,L
- 3 – 4 Touch R to R side, ¼ Turn R with R hitch
- 5 – 6 Touch R to R side, ¼ Turn R with R hitch (06.00)
- 7 & 8 Step R to R side, Step L next to R, Step R to R side

9-16 Rock Recover, Fwd, Touch, Fwd with Toe Touches

- 1 – 2 Rock L back, Recover on R
- 3 – 4 Step L fwd, Touch R to R side
- 5 – 6 Step R fwd, Touch L to L side
- 7 – 8 Touch L fwd, Touch L to L side

17-24 Together, Touch, Hitch, Side Shuffle, Rock Recover, Toe Strut

- &1-2 Step L next to R, Touch R to R side, Hitch R
- 3 & 4 Step R to R side, Step L next to R, Step R to R side
- 5 – 6 Rock L back, Recover on R
- 7 & 8 Step L fwd on toes, Step L heel down

25-32 Toe Swivel ½ R, Out Out In Touch

- 1 – 2 Swivel on R heel your foot ¼ Turn to the R side, Swivel on L Heel your foot ¼ Turn R (09.00)
- 3 – 4 Swivel on R heel your foot ¼ Turn to the R side . Step L to L side (12.00)
- 5 – 8 Step R fwd out, Step L fwd out, Step R back in, Touch L next to R
- **R**** During wall 2 & 5

33-40 Box Step ¾ R, Rock Recover, Coaster step

- 1 – 2 Step L to L side, ¼ R step R to R side
- 3 – 4 ¼ R step L to L side, ¼ R step R to R side (09.00)
- 5 – 6 Rock L fwd, Recover on R
- 7 & 8 Step L back, Step R next to L, Step L fwd

41-48 Step fwd, ¼ L, Cross Shuffle, Anchor Step with Flick ¼ L

- 1 – 2 Step R fwd, ¼ Turn R
- 3 & 4 Step R across L, Step L to L side, Step R across L
- 5 – 6 Step L diag L fwd, Lock R behind L (01.30)
- &7-8 Recover Fwd on L, Recover back on R, Step fwd on L and flick R back 2/8 turn to the L (03.00)

49-56 Cross Side Sailor step, Cross Side Sailor ½ L

- 1 – 2 Step R across L, Step L to L side
- 3 & 4 Step R behind L, Step L next to R, Step R to R side
- 5 – 6 Step L across R, Step R to R side
- 7 & 8 Step L behind R with ½ Turn to the L, Step R to R side, Step L to L side (09.00)

57-64 Rock Recover, Shuffle ½ R, Rock Recover, Heel Jack, Step fwd

- 1 – 2 Rock R fwd, Recover on L
- 3 – 4 Shuffle ½ Turn R with R, L, R (03.00)
- 5 – 6 Rock L fwd, Recover on R
- &7-8 Step L next to R, Step R back and Touch L heel fwd, Step L fwd
(you can flick your R back when you step L fwd)

Restarts: During wall 2 & 5 after count 31;

Instead of touch L next to R – Step L next to R and start again with count 1.