

Cry Me Out

32 Count, 4 Wall, Beginner

Choreographer: Audri R (UK) February 2010

Choreographed to: Cry Me Out by Pixie Lott,

CD: Turn It Up

16 count intro. Begin on main vocals

Sec 1 WALKS FORWARD. BALL ROCK, RECOVER. WALKS BACK. BALL ROCK, RECOVER

1-2 Walk forward on right, left

&3-4 Step ball of right beside left. Rock forward left. Recover on right.

5-6 Walk back left, right

&7-8 Step ball of left beside right. Rock back right. Recover on left. (12:00)

Sec 2 RIGHT SIDE, BEHIND. BALL CROSS, SIDE. LEFT SIDE, BEHIND, BALL CROSS, SIDE

1-2 Step right to right side. Step left behind right

&3-4 Step ball of right beside left. Cross left over right. Step right to right side.

5-6 Step left to left side. Step right behind left

&7-8 Step ball of left beside right, Cross right over left. Step left to left side. (12:00)

Sec 3 HIP SWAYS. SIDE, CLOSE, ¼ TURN RIGHT. HIP SWAYS. SIDE, CLOSE, ¼ TURN LEFT

1-2 Sway hips right, left.

3&4 Step right to right side. Close left beside right. Step right ¼ turn right stepping forward

5-6 Sway hips left, right

7&8 Step left to left side. Close right beside left. Step left ¼ turn left stepping forward. (12:00)

Sec 4 SWEEP STEP POINT. BALL STEP POINT. BALL ¼ RIGHT JAZZ BOX

1-2 Sweep right from back to front stepping forward. Point left to left side.

&3-4 Step ball of left beside right. Step right forward. Point left to left side.

& Step ball of left beside right.

5-8 Cross right over left. Step back on left. Turn ¼ turn right stepping to right side.

Step left beside right. (3:00)

TAG: End of 5th wall – repeat jazz box with ¼ turn right (last count 5-8)
then begin dance again at 6:00

Choreographer's Note: This dance is for balance with a smooth, slow flowing attitude.

Thank you Jazz, I love you xx