

**SYNCOPATED OUT & OUT, IN & IN, OUT & OUT, IN & TAP**

- & 1 & 2 Step left to left side, step right to right side, step left to center, step right to center  
& 3 & 4 Step left to left side, step right to right side, step left to center, tap right behind left

**SYNCOPATED HEEL TAPS, CROSS, UNWIND**

- 1 & 2 & Tap right heel forward, step right beside left & tap left heel forward, step left beside right  
3 - 4 Cross/touch right over left, unwind 1/2 turn left (weight stays on left)

**SYNCOPATED HEEL TAPS, CROSS, UNWIND**

- 1 & 2 & Tap right heel forward, step right beside left & tap left heel forward, step left beside right  
3 - 4 Cross/touch right over left, unwind 1/2 turn left (weight stays on left)

**HIP BUMPS-TWICE RIGHT, TWICE LEFT**

- 1 & 2 Bump/sway hips right, bump hips right  
3 & 4 Bump/sway hips left, bump hips left

**TURN/HEEL, HOLD/CLAP & HEEL, HOLD, CLAP (CAMELS)**

- & 1 - 2 Step onto right turning 1/4 left, step left heel forward, hold with clap  
& 3 - 4 (Dropping left toe) slide right up to left, step left heel forward, hold with clap

**STEP 1/2 TURN, STEP FORWARD, TOUCH**

- 1 - 2 (Dropping left toe) step forward on right, pivot 1/2 turn left placing weight on left  
3 - 4 Step forward on right, touch left toe beside right, (left knee is bent with heel up)

**SYNCOPATED KNEE POPS, RIGHT, LEFT, RIGHT-LEFT-RIGHT**

- 1 - 2 Switch to bend right knee, switch to bend left knee  
3 & 4 Switch knees right-left-right

**SYNCOPATED KNEE POPS, LEFT, RIGHT, LEFT-RIGHT-LEFT**

- 1 - 2 Switch to bend left knee, switch to bend right knee  
3 & 4 Switch knees left-right-left (weight ends on right foot)

**REPEAT**