

Cruising For Bruising

38 Count, 4 Wall, Beginner

Choreographer: Nena Matela (March 2012)

Choreographed to: Cruising For Bruising by Basia,

CD: London Warsaw New York (118 bpm)

Intro: Start dancing on lyrics

SKATE-SKATE-TRIPLE IN PLACE (RIGHT, LEFT)

- 1-2 Roll right knee out and slide right to side, roll left knee out and slide left to side
3&4 Triple in place stepping right, left, right
5-6 Roll left knee out and slide left to side, roll right knee out and slide right to side
7&8 Triple in place stepping left, right, left

SKATE-SKATE-KICK-KICK, BACK STEPS-TOUCH

- 1-2 Roll right knee out and slide right to side, roll left knee out and slide left to side
3-4 Turn 1/4 left and kick right forward, twice
5-6 Step right back, step left back
7-8 Step right back, touch left heel across right

STEP-LOCK-STEP-SCUFF, TURN, VINE TO RIGHT

- 1-2 Step left forward, lock right behind left
3-4 Step left forward, scuff right forward and turn 1/4 left
5-6 Step right to side, cross left behind right
7-8 Step right to side, touch left together

CROSS-BALL-STEP (RIGHT, LEFT, RIGHT)

- 1&2 Cross left over right, step ball of right to side, step left in place
3&4 Cross right over left, step ball of left to side, step right in place
5&6 Repeat 1&2

WEAVE TO LEFT, TURN, FORWARD STEPS

- 1-2 Cross right over left, step left to side
3-4 Cross right behind left, step left to side
5-6 Turn 1/4 left and step forward right, left
7-8 Step right forward, step left together