

BLAST FROM THE Past



Neil Hale

Cruisin'

1 WALL – 32 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Cross Rock, Triple Step In Place (x 2)		
1 – 2	Cross rock left over right. Recover onto right.	Cross Rock	On the spot
3 & 4	Triple step in place, stepping - left, right, left.	Left Right Left	
5 – 6	Cross rock right over left. Recover onto left.	Cross Rock	
7 & 8	Triple step in place, stepping - right, left, right.	Right Left Right	
Section 2	Forward Rock, Triple Step, Back Rock, Triple Step		
1 – 2	Rock forward on left. Recover onto right.	Forward Rock	On the spot
3 & 4	Triple step in place, stepping - left, right, left.	Left Right Left	
5 – 6	Rock back on right. Recover forward onto left.	Rock Back	
7 & 8	Triple step in place, stepping - right, left, right.	Right Left Right	
Section 3	Step, Pivot 1/2 (x 2)		
1 – 2	Step left forward. Pivot 1/2 turn right.	Step Pivot	Turning right
3 – 4	Step left forward. Pivot 1/2 turn right.	Step Pivot	
Section 4	12-Step Figure of Eight		
1 – 2	Step left to left side. Cross right behind left.	Side Behind	Left
3 – 4	Make 1/4 turn left stepping left forward. Step right forward.	Turn Step	Turning left
5	Pivot 1/2 turn left.	Pivot	
6	On ball of left make 1/4 turn left, stepping right to right side.	Turn	
7 – 8	Cross left behind right. Make 1/4 turn right stepping right forward.	Behind Turn	Turning right
9 – 10	Step left forward. Pivot 1/2 turn right.	Step Pivot	
11	On ball of right make 1/4 turn right, stepping left to left side.	Turn	
12	Step right beside left.	Together	On the spot

Choreographed by: Neil Hale (US) April 1990

Choreographed to: 'Still Cruisin'' by The Beach Boys (124 bpm) from CD Still Cruisin'; also available as download from amazon.co.uk