

STEP, STEP, SHUFFLE

- 1 - 2 Step forward on right foot, step forward on left foot
- 3 & 4 Shuffle forwards right-left-right
- 5 - 6 Step forward on left foot, step forward on right foot
- 7 & 8 Shuffle forwards left-right-left

STEP PIVOT 1/2 TURNS, SAILOR SHUFFLES

- 1 & 2 Step forward on right foot & pivot 1/4 turn left
- 3 & 4 Step forward on right foot & pivot 1/4 turn left
- 5 & 6 Step right foot behind left, step left to left, step right to right
- 7 & 8 Step left behind right, step right to right, step left to left

SIDE ROCKS & HEEL SPLITS

- 1 - 2 Rock right to right side, rock weight onto left in place
- 3 & 4 Step right beside left, split heels apart, bring heels together
- 5 - 6 Rock left to left side, rock weight onto right in place
- 7 & 8 Step left beside right, split heels apart, bring heels together

ROCK STEPS, 1/2 TURN TRIPLE STEP

- 1 - 2 Rock forward on right, rock back on left
- 3 & 4 Step right 1/2 turn to right & triple step on spot right-left-right

STEP PIVOT TURN, HEEL SPLITS

- 1 - 2 Step forward on left, pivot 1/2 turn right
- 7 & 8 Step left beside right, split heels apart, bring heels together

REPEAT