

32 count intro

1 TOE STRUTS FORWARD, TOUCH SIDE AND STEP TOGETHER 2X

1-2 Step right toe forward, drop right heel
3-4 Step left toe forward, drop left heel
5-6 Touch right to side, step right together
7-8 Touch left to side, step left together

2 TOE STRUTS FORWARD, TOUCH SIDE AND STEP TOGETHER 2X

1-2 Step right toe forward, drop right heel
3-4 Step left toe forward, drop left heel
5-6 Touch right to side, step right together
7-8 Touch left to side, step left together

3 STEP TOUCH FOUR TIMES TRAVELING BACK

1-2 Step right to side diagonally back, touch left together
3-4 Step left to side diagonally back, touch right together
5-6 Step right to side diagonally back, touch left together
7-8 Step left to side diagonally back, touch right together
Optional: clap on counts 2, 4, 6, and 8

4 SIDE, HOLD, TOGETHER, HOLD 2X (WITH SHIMMIES)

1-2 Step right to side, hold
3-4 Step left together, hold
5-6 Step right to side, hold
7-8 Step left together, hold

5 TOUCH HEEL FORWARD AND STEP TOGETHER (4X-COMPLETING TURN ½ LEFT)

1-2 Touch right heel forward, step right together
3-4 Turn ¼ left and touch left heel forward, step left together (9:00)
5-6 Touch right heel forward, step right together
7-8 Turn ¼ left and touch left heel forward, step left together (6:00)

6 SIDE, HOLD, TOGETHER, HOLD 2X (WITH SHIMMIES)

1-2 Step right to side, hold
3-4 Step left together, hold
5-6 Step right to side, hold
7-8 Step left together, hold
