



Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

Crank Up The Attitude

32 count, 4 wall, beginner/intermediate level
Choreographer: Terri Alexander (USA) March 2006
Choreographed to: SOS (Rescue Me) by Rhianna,
Album: A Girl Like Me (137 bpm)

32 Ct. intro (Start on vocals)

(1-8) Walk Forward L, R, L, ¼ turn L Hitch, Squat Pelvic Pushes

- 1,2 Step Forward L, Step Forward R
- 3,4 Step Forward L, Hitch R while turning ¼ to L(hitch- R knee facing R side) (9:00)
- 5,6 Touch Step R to R (angle body slightly R) bending knees(squat!), straighten up (small pelvic push forward)Weight stays on L
- 7,8 Bend knees(squat), Straighten up(small pelvic push forward) Weight transfers to R
Add your Attitude!

(9-16) Step Slide L, Step Slide R, ¼ Turn L, ½ Turn L, L Coaster

- 1,2 Step L to L side (angle body to L), Slide R to meet L (Weight stays on L)
- 3,4 Step R to R side (angle body to R), Slide L to meet R (Weight stays on R)
- 5,6 Turn ¼ L stepping L forward, Turn ½ L stepping R back
- 7&8 Step L back, Step R beside L, Step L forward (12:00)

(17-24) Step, Cross, Step, Touch, Step, Cross, Turn ¼ L, Touch

- 1,2 Step R to R, Cross Step L over R
- 3,4 Step R to R, Touch L beside R instep (L knee bent facing L side- 9:00)
- 5,6 Step L to L(angle body slightly L), Cross Step R over L
- 7,8 Turn ¼ R stepping L back, Touch R forward (R knee bent) (3:00)

(25-32) Step, Turn ½ R, R Coaster, Out, Out, In, In

- 1,2 Step weight to R, Turn ½ R stepping L back
 - 3&4 Step back R, Step L beside R, Step R forward
 - 5,6 Step L Forward and out, Step R forward and out
 - 7,8 Step L Back and in, Step R back and in (9:00)
- (Add a little hip movement for counts 5-8)

Crank it Up...and Dance!!!

One of my dance students, Lisa Bower, brought this music to my attention. She said she loved it and wanted to do a fun dance to it. I choreographed this with her in mind and tried to add some "Lis a-ish" flavor and style. She chose the name for the dance.

Lisa.....this ones for you!