

Crank It Up

32 Count, 4 Wall, Intermediate

Choreographer: James Ford (UK) June 2009

Choreographed to:

Twist, twist out, out knee jives twist, twist

- 1-2 Twist right knee out, in
- 3-4 Step out right step out left
- 5-6 Pull knees in and out
- 7-8 Twist left knee out, in

Right ¼ step bounce walk, walk, walk, walk

- 1 Step right foot to right side making ¼ right
- 2 Step left foot next to right
- 3-4 Bounce both heels (Twice)
- 5-6 Walk back right, left
- 7-8 Walk forward right, left

Point ¼ flick step kickball change step touch

- 1-2 Point right toe to right side and turn ¼ turning right as you step right to together
- 3-4 Flick left leg back step forward on left
- 5&6 Kick right leg forward step right foot next to left step forward on left
- 7-8 Step forward on right touch left toe next to right

Twist, twist ¼ rock pivot ½ kickball point

- 1-2 Twist both heels to right twist both heels to left making ¼ turn right
- 3-4 Rock back on right recover on left
- 5-6 Step forward on right turn ½ turning left
- 7&8& Kick right foot forward step right foot next to left point left toe out to left side (hold 1 beat)