

WALK, WALK, HEEL, HOOK:**/Option: Jump forward on step 1**

- 1 Step forward with the right foot
- 2 Step forward with the left foot
- 3 Touch right heel out front
- 4 Hook right foot across left leg

RIGHT HEEL, TOGETHER, HEEL SPLITS:

- 5 Touch right heel out front
- 6 Place right foot next to left foot
- 7 Spread heel apart
- 8 Close heel together

LEFT HEEL, HOOK HEEL, TOUCH BACK:

- 9 Touch left heel out front
- 10 Hook left foot across right leg
- 11 Touch left heel out front
- 12 Touch left toe back

STEP, KICK, WALK BACK, BACK:

- 13 Step forward with the left foot
- 14 Kick right foot forward with a clap
- 15 Step back with the right foot
- 16 Step back with the left foot

WALK BACK, TOUCH, STEP, TOUCH:

- 17 Step back with the right foot
- 18 Touch left toe back
- 19 Step forward with the left foot
- 20 Touch right toe next to left foot

SIDE, BEHIND, STEP, TOUCH:

- 21 Touch right toe to the right side
- 22 Touch right toe behind left foot
- 23 Step to the right side with the right foot
- 24 Touch the left toe behind the right foot

SIDE, BEHIND, SIDE, 1/4 KICK TURN:

- 25 Step to the left side with the left foot
- 26 Step behind the left foot with the right foot
- 27 Step to the left side with the left foot
- 28 Kick the right foot forward with a 1/4 turn left

WALK BACK, BACK, STOMP, STOMP:

- 29 Step back with the right foot
- 30 Step back with the left foot
- 31 Stomp the right foot next to the left foot
- 32 Stomp the right foot again

REPEAT