| Cowgirls \& Switches |  |  |  |
| :---: | :---: | :---: | :---: |
| STEPS | ACTUAL FOOTWORK | CALliNg SUGGESTION | CTION |
| $\begin{gathered} \text { Section } 1 \\ 1-2 \& \\ 3-4 \& \\ 5-6 \\ \& \\ 7-8 \\ \& \end{gathered}$ | Side Behind Cross, x 2, Rolling Turn Right, Cross Rock, 1/4 Turn Left. <br> Step right to right side. Step left behind right. Step right across front of left. Step left to left side. Step right behind left. Step left across front of right. Step right $1 / 4$ turn right. Make $1 / 4$ turn right, stepping left to left side. Make $1 / 2$ turn right, stepping right to right side. Lunge/rock left forward across right. Recover back onto right. Step left 1/4 turn left. |  <br>  <br> Turn. Right. <br>  <br> Cross. Rock. <br> Turn | Right <br> Left <br> Turning right <br> On the spot <br> Turning left |
| Section 2 $\begin{gathered} 1 \\ \& \\ 2 \& \\ 3-4 \\ 5-6 \& \\ 7 \& \\ 8 \\ \& \end{gathered}$ | Full Turn, Right Lock, $\mathbf{1 / 2}$ Turn Point, Cross Side Step, 1 \& 1/4 Turn Right. <br> Make $1 / 2$ turn left, stepping back onto right. <br> Make $1 / 2$ turn left, stepping forward onto left. <br> Step forward on right. Lock step left behind right. <br> Step forward on right. Make 1/2 turn right and point left to left side. Step left across right. Step right to right side. Step left beside right. Step right across left. Make $1 / 4$ turn right, stepping back onto left. Make $1 / 2$ turn right, stepping forward onto right. <br> Make $1 / 2$ turn right, stepping back onto left. | Left <br>  <br> Right. Lock. <br> Step. Turn. <br>  <br> Cross. Turn. <br> Right <br>  | Turning left <br> Forward <br> Turning right <br> Right <br> Left <br> Turning right |
| $\begin{gathered} \text { Section } 3 \\ 1 \& \\ 2 \\ 3 \& \\ 4 \\ 5-6 \\ 7 \& \\ 8 \& \end{gathered}$ | Back Rock, 1/4 Turn Point, Back Rock, Skates x3, 1/2 Turn Right, Back Rock. <br> Rock back onto right. Recover forward onto left. <br> Make $1 / 4$ turn left stepping right to right side and point left to left side. Cross rock left back behind right. Recover forward onto right. <br> Step left diagonally forward left. <br> Skate right diagonally forward, Skate left diagonally forward. <br> Step right $1 / 4$ turn right. Make $1 / 4$ turn right, stepping left to left side. <br> Cross rock right back behind left. Recover forward onto left. | Back. Rock. Turn Point Back. Rock. Skate Skate. Skate. Right. Turn. Back. Rock. | On the spot Turning left On the spot Forward <br> Turning right On the spot |
| Section 4 1 $\& 2$ 3 $\& 4$ $5 \&$ $6 \&$ 7 $\&$ $8 \&$ | 3/4 Turn, Step, Full Turn, Step, 1/4 Pivot, Cross Full Turn, Back Rock. <br> Make $1 / 4$ turn left, stepping back onto right. <br> Make $1 / 2$ turn left, stepping forward onto left. Step forward on right. <br> Make $1 / 2$ turn right, stepping back onto left. <br> Make $1 / 2$ turn right, stepping forward onto right. Step forward left. <br> Step forward right. Pivot $1 / 4$ turn left. <br> Step right across front of left. Make $1 / 4$ right, stepping back onto left. <br> Make $1 / 2$ turn right, stepping forward onto right. <br> Make $1 / 4$ turn right, stepping left to left side. <br> Rock right back behind left. Recover forward onto left. | Turn <br> Left. Step. <br> Turn <br> Right. Step. <br> Step. Turn. <br> Cross. Turn. <br> Right <br>  <br> Back. Rock. | Turning left <br> Turning right <br> Turning left <br> Left <br> Turning right <br> On the spot |

4 Wall Line Dance:- 32 Counts. Intermediate Level.
Choreographed by:- Scott Blevins (USA) Jan 2002.
Choreographed to:- 'Cowboys \& Kisses' by Anastacia ( 84 bpm ) from Not That Kind CD (48 count intro).

