

**Cowboy Twist**

BEGINNER

28 Count

Choreographed by: Darlene Collins

Choreographed to: All Shook Up by Billy Joel

**HEEL SWIVELS**

- 1 Swivel heels to the right
- 2 Swivel heels to the left
- 3 Swivel heels to the right
- 4 Swivel heels to the left
- 5 Swivel heels to the right
- 6 Swivel heels to the left
- 7 Swivel heels to the right
- 8 Swivel heels to the center

**HEEL/TOE TOUCHES**

- 9 Touch right heel forward
- 10 Touch right heel forward again
- 11 Touch right toe behind
- 12 Touch right toe behind again

**GRAPEVINE RIGHT**

- 13 - 15 Vine right (step right to right; step left behind right; step right to right)
- 16 Hitch left knee

**ROCK & PIVOT**

- 17 Rock forward on left foot
- 18 Rock back on right foot
- 19 Rock forward on left foot
- 20 Hitch right knee and pivot 1/2 turn to the left on ball of left foot at the same time

**ROCK & SCOOT**

- 21 Rock forward on right foot
- 22 Rock back onto left foot
- 23 Rock forward onto right foot
- 24 Hitch left knee and scoot forward on right foot

**WALK & STOMP**

- 25 - 27 Walk forward on left, right, left
- 28 Stomp right foot next to left

**REPEAT**