

Cowboy Step

32 Count, 4 Wall, Intermediate

Choreographer: Gaby Neumann (DE) Sept 2009

Choreographed to: Hard Working Man by

Brooks & Dunn

Heel, Toe, Shuffle, Heel, Toe, Shuffle

- 1, 2 Tap right heel forward, Touch right toe back
3&4 Shuffle forward right, left, right
5, 6 Tap left heel forward, Touch left toe back
7&8 Shuffle forward left, right, left

Rock Step, Triple ½ Turn r, Triple ½ Turn r, Coaster Step with ¼ Turn r

- 1, 2 Rock step fwd onto RF, rock step backward onto LF
3&4 ½ turn right stepping R, L, R
5&6 ½ turn right stepping L, R, L
7&8 Step back RF with ¼ turn right, step LF beside RF, step RF fwd

Applejacks

- 1& Swivel left toe and right heel to the left, return to center
2& Swivel left heel and right toe to the right, return to center
3& Swivel left toe and right heel to the left, return to center
4& Swivel left toe and right heel to the left again, return to center
5& Swivel left heel and right toe to the right, return to center
6& Swivel left heel and right toe to the right again, return to center
7& Swivel left toe and right heel to the left, return to center
8& Swivel left heel and right toe to the right, return to center
Options for the applejacks steps include swiveling heel together first to the left, to the center; to the right, to the center; to the left, to the center; to the right, to the center.

Toe, Heel, Shuffle in Place, Toe, Heel, Shuffle in Place

- 1, 2 Touch right toe beside left instep, touch right heel beside left instep
3&4 Step on right foot, step left beside right, step on right foot
5, 6 Touch left toe beside right instep, touch left heel beside right instep
7&8 Step on left foot, step right beside left, step on left foot

Let's do it again!