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Cowboy Ridin'

Phrased, 64 count, 1 wall, intermediate level
Choreographer: Michael Diven (USA) June 2004
Choreographed to: Save A Horse, Ride A Cowboy by
Big & Rich (Album: Horse of a Different Color)

Start on vocals. Dance sequence is ABABAAAB you will hear a definite change in the music and song lyrics.

PART A

Walk Forward R,L,R, 1/4 Turn Sailor, 3/4 Turn Sailor

- 1-4 Walk R, L, R, kick left foot forward
5&6 Left sailor step with a 1/4 turn to the left
7&8 Right sailor step with a 3/4 turn to the right (weight ends on right foot)

Left Rock, Recover, Lock Shuffle Backwards, Touch, Pivot, Rock, Recover

- 1-2 Rock forward on left foot, recover weight back on right
3&4 Left lock shuffle backwards
5-6 Touch right toe back and pivot 1/2 turn to right (weight ends on right foot)
7-8 Rock forward on left foot, recover weight back on right

Lock Shuffle Backwards, Touch, Pivot, Walk Backwards L, R, L, Heel Jacks

- 1&2 Left lock shuffle backwards
3-4 Touch right toe back and pivot 1/2 turn to right (weight ends on right foot)
5-7 Walk back L, R, L
&& Step back on R, touch L heel forward, step left next to right

Walk R, L, Shuffle, Kick, Touch, 3/4 Pivot with Knee Bend, 1/4 Turn Right

- 1-2 Walk forward R and L
3&4 Right shuffle forward
5-6 Kick L foot forward, touch L toe back
7-8 Pivot 3/4 turn left, bending right knee in, turn 1/4 turn right (facing original wall, weight on right foot)

PART B

Step, Knee Bend, Slide, Shuffle, Rock and Recover

- 1-4 Step left foot to left, bend right knee in, straighten up and slide left foot next to right
5&6 Right shuffle forward
7-8 Rock forward on left, recover weight back on right

3/4 Shuffle Turn Left, Side Rock, Syncopated Vine, Slow Unwind

- 1&2 Left shuffle to L turning 3/4 turn left
3-4 Side rock to right, recover weight back to left
5&6 Cross R behind L, step L to L side, cross R over left
7-8 Slow unwind 3/4 to the left

Rock, Recover, Shuffle Backwards, Step, Pivot 1/2 Turn, Shuffle Backwards

- 1-2 Rock R forward, recover weight back on L
3&4 Right shuffle backwards
5-6 Step back L and pivot 1/2 turn L (weight stays on right foot)
7&8 Left shuffle backwards

Out-Out, Shuffle, Step, Quick Lock, Unwind, Rock, Recover, 1/2 Turn Right (Repeat)

- 1-2 Step out L and R
3&4 Left shuffle forward
5&6& Step R foot forward, lock L behind R and pivot 1 full turn left
7&8 Rock forward R, recover back to L, 1/2 turn to right

Repeat the last 8 counts twice again. Will finish the dance facing opposite wall that you started on.

Choreographer's note: After doing Part A 3 times and Part B once you do just the last 8 counts of Part B twice.
Dance ends with a full pivot and legs are crossed.